
Dr Sara S Honey

Potions

The Summer Place
Luxury Arts of the Renaissance
DASH Diet For Dummies
Educated
The Tea Book
Our Best Bites
Chronicle of a Border Town
Mystic
No Meat Athlete
Making Stuff
My New Roots
No Longer Guilty
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Mezcal and Tequila Cocktails
What Herb Is That?
Sacred Hearts
Kings of the Wyld
The Secret Life of Squirrels
Windsong
The Little Book of Love Magic
The Football Girl
No Stranger Than I
Saturn's Return to New York

International Record of Medicine and General
Practice Clinics
Between the Lines
Beauty and the Bees
Burgoo, Barbecue, and Bourbon
Quackery
The Bee
You Had Me at Pet-Nat
The Beer Bible
Nectar of the Gods
Nancy Clark's Sports Nutrition Guidebook
The Japanese Art of the Cocktail
Making and Selling Cosmetics
Take Down
Suśruta samhītā

*Dr Sara S
Honey
Potions*

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LOZANO AMIYA

The Summer Place
University Press of
Kentucky
GARDENING Plenty of
colorful photographs
and illustrations
enhance this hybrid
mixture of
identification guide,
instructional gardening
treatise, and cookbook.

In the book's first half,
the Hemphills,
Australian authorities
on growing and using
herbs, survey over 60
herbs arranged
alphabetically by
scientific name. Each
entry offers details on
the herb's
identification, history,
cultivation, and
harvesting, as well as
uses (medicinal,
cosmetic, and
culinary). In the second

half, the authors offer advice on using herbs as gifts and as medicine, herb gardening, and cooking with herbs. A general index and common name index provide good access to the text. This work compares favorably with other, similar titles, including Elisabeth Lambert Ortiz's excellent *The Encyclopedia of Herbs, Spices, and Flavorings* (LJ 11/15/92), and its old-fashioned, English flavor (the book was first published in Australia) is sure to be popular with public library patrons. [Garden Book Club selection.] John Charles, Scottsdale P.L., Ariz.-
Luxury Arts of the Renaissance Harlequin
For every athlete or sports fanatic who

knows she's just as good as the guys. This is for fans of *The Running Dream* by Wendelin Van Draanen, *Grace, Gold, and Glory* by Gabrielle Douglass and *Breakaway: Beyond the Goal* by Alex Morgan. The summer before Caleb and Tessa enter high school, friendship has blossomed into a relationship . . . and their playful sports days are coming to an end. Caleb is getting ready to try out for the football team, and Tessa is training for cross-country. But all their structured plans derail in the final flag game when they lose. Tessa doesn't want to end her career as a loser. She really enjoys playing, and if she's being honest, she likes it even more than running cross-country.

So what if she decided to play football instead? What would happen between her and Caleb? Or between her two best friends, who are counting on her to try out for cross-country with them? And will her parents be upset that she's decided to take her hobby to the next level? This summer Caleb and Tessa figure out just what it means to be a boyfriend, girlfriend, teammate, best friend, and someone worth cheering for. "A great next choice for readers who have enjoyed Catherine Gilbert Murdock's Dairy Queen and Miranda Kenneally's Catching Jordan."—SLJ "Fast-paced football action, realistic family drama, and sweet romance...[will have]

readers looking for girl-powered sports stories...find[ing] plenty to like."—Booklist "Tessa's ferocious competitiveness is appealing."—Kirkus Reviews "[The Football Girl] serve[s] to illuminate the appropriately complicated emotions both of a young romance and of pursuing a dream. Heldring writes with insight and restraint."—The Horn Book
DASH Diet For Dummies Simon and Schuster Crafts.
Educated Clarkson Potter
 From the #1 New York Times bestselling author of *That Summer* comes another "fun, feisty" (The Washington Post) novel

of family, secrets, and the ties that bind. When her twenty-two-year-old stepdaughter announces her engagement to her pandemic boyfriend, Sarah Danhauser is shocked. But the wheels are in motion. Headstrong Ruby has already set a date (just three months away!) and spoken to her beloved safta, Sarah's mother Veronica, about having the wedding at the family's beach house in Cape Cod. Sarah might be worried, but Veronica is thrilled to be bringing the family together one last time before putting the big house on the market. But the road to a wedding day usually comes with a few bumps. Ruby has always known exactly what she wants, but as

the wedding date approaches, she finds herself grappling with the wounds left by the mother who walked out when she was a baby. Veronica ends up facing unexpected news, thanks to her meddling sister, and must revisit the choices she made long ago, when she was a bestselling novelist with a different life. Sarah's twin brother, Sam, is recovering from a terrible loss, and confronting big questions about who he is—questions he hopes to resolve during his stay on the Cape. Sarah's husband, Eli, who's been inexplicably distant during the pandemic, confronts the consequences of a long ago lapse from his typical good-guy behavior. And Sarah,

frustrated by her husband, concerned about her stepdaughter, and worn out by the challenges of the quarantine, faces the alluring reappearance of someone from her past and a life that could have been. When the wedding day arrives, lovers are revealed as their true selves, misunderstandings take on a life of their own, and secrets come to light. There are confrontations and revelations that will touch each member of the extended family, ensuring that nothing will ever be the same. From “the undisputed boss of the beach read” (The New York Times), *The Summer Place* is a testament to family in all its messy glory; a story about

what we sacrifice and how we forgive. Enthralling, witty, big-hearted, and sharply observed, “this first-rate page-turner” (Publishers Weekly) is Jennifer Weiner’s love letter to the Outer Cape and the power of home, the way our lives are enriched by the people we call family, and the endless ways love can surprise us.

The Tea Book

Delacorte Press

"Sexy space travel at its finest...[a] phenomenal series."

—Night Owl Reviews for The Cat Star

Chronicles Her love is the one thing he never saw coming... Sulaksha Enduran is still reeling from the death of her lover. He died of a mysterious plague—and it's out of control. Sula is

determined to find answers on her own, until an impossibly sexy Zetithian saves her life and joins her quest. Despite the prescient abilities and power over the wind that enable Zetithian mystic Aidan Banadänsk to rescue Sula from certain death, he couldn't have predicted her unique effect on him. It shrouds her future in mystery...and fills him with unparalleled desire. But Sula's investigation has put her in the crosshairs of a deadly conspiracy. With an entire planet's population at stake, Sula and Aidan must risk it all to save the planet, the galaxy...and each other. Cat Star Legacy Series: Maverick (Book 1) Mystic (Book 2) What People are

Saying about Cheryl Brooks: "Astounding... Cheryl Brooks is extremely inventive and imaginative." —Fresh Fiction "Out-of-this-world sexy...the ultimate reading experience."—Long and Short Reviews "Scorching hot...keeps you turning pages."—RT Book Reviews "Wildly imaginative, highly entertaining, and sure to become a classic."—Star-Crossed Romance [Our Best Bites](#) Simon and Schuster Some may say that the Italian Mafia no longer exists or that they do but lost their power and influence since the take down of the Dapper Don, John Gotti. But if you were to ask Jahmeel, a New Yorker from the heart of New York City, or

Billy Joe, a half-Italian country boy from the backwoods of Alabama, they will tell you that those statements are far from the truth. In fact, they would tell you that not only does the Mafia still exist, but they also are more powerful now than ever before. So will Jahmeel and Billy Joe, both of whom suffered tremendously at the hands of the Mafia and who experienced a clash of cultures upon meeting each other, be able to hash out their differences to take down this common enemy? Or is it an impossible task? Join in as millions of readers pry into the mind of Amin Suluki, author of *Right Back at You*, to unveil the existence of an Italian crime family still operating in

America today.

Chronicle of a Border Town Univ of South Carolina Press
#1 NEW YORK TIMES, WALL STREET JOURNAL, AND BOSTON GLOBE BESTSELLER • One of the most acclaimed books of our time: an unforgettable memoir about a young woman who, kept out of school, leaves her survivalist family and goes on to earn a PhD from Cambridge University
“Extraordinary . . . an act of courage and self-invention.”—The New York Times
NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY THE NEW YORK TIMES BOOK REVIEW • ONE OF PRESIDENT BARACK OBAMA’S FAVORITE BOOKS OF THE YEAR • BILL GATES’S HOLIDAY

READING LIST •
FINALIST: National Book Critics Circle's Award In Autobiography and John Leonard Prize For Best First Book • PEN/Jean Stein Book Award • Los Angeles Times Book Prize Born to survivalists in the mountains of Idaho, Tara Westover was seventeen the first time she set foot in a classroom. Her family was so isolated from mainstream society that there was no one to ensure the children received an education, and no one to intervene when one of Tara's older brothers became violent. When another brother got himself into college, Tara decided to try a new kind of life. Her quest for knowledge transformed her, taking her over oceans

and across continents, to Harvard and to Cambridge University. Only then would she wonder if she'd traveled too far, if there was still a way home. "Beautiful and propulsive . . . Despite the singularity of [Westover's] childhood, the questions her book poses are universal: How much of ourselves should we give to those we love? And how much must we betray them to grow up?"—Vogue NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The Washington Post • O: The Oprah Magazine • Time • NPR • Good Morning America • San Francisco Chronicle • The Guardian • The Economist • Financial Times • Newsday • New York Post • theSkimm • Refinery29

• Bloomberg • Self •
 Real Simple • Town &
 Country • Bustle •
 Paste • Publishers
 Weekly • Library
 Journal • LibraryReads
 • Book Riot • Pamela
 Paul, KQED • New York
 Public Library
Mystic Workman
 Publishing Company
 . . . and the legacy.
 Running away from the
 boys home in LA
 turned out to be much
 easier than sixteen-
 year-old Ethan Casey
 had ever imagined.
 The FBI gave him a
 ride. But how was he
 supposed to know that
 overnight he would go
 from an unhappy
 orphan to a key player
 in a past filled with
 darkness, deceit, and
 murder? Juggling a gun
 happy rogue agent and
 a long lost, suspected
 killer father not to
 mention a 13th
 Century castle

deliberately designed
 to trap the unwary had
 never been on Ethans
 do-today list. Its all
 certainly enough to
 discourage a lonely
 boy only trying to be
 his own man. Without
 some clever thinking
 and stubborn
 determination, on a
 good day, any one of
 the three could get him
 killed . . .

No Meat Athlete
 Human Kinetics
 An irresistible
 photographic story
 featuring wild squirrels
 in homemade
 miniature domestic
 settings -- taking a
 bath, doing laundry,
 and barbecuing -- will
 surprise and amuse
 readers and animal
 lovers of all ages!
 Adorable squirrels as
 you've never seen
 them! You may think
 you know what
 squirrels do all

day...but Mr. Peanuts is no ordinary squirrel. Instead of climbing tress, he plays the piano. ("Moonlight Sonutta" is his favorite.) Instead of scurrying through the woods, he reads books (such as A Tail of Two Cities). But everything is more fun with company, so Mr. Peanuts writes a letter to Cousin Squirrel and invites him for a visit! Featuring candid photographs of wild squirrels in handcrafted, homemade miniature settings, this irresistible book is sure to delight readers young and old!

Making Stuff

Workman Publishing
"The only book you need to understand the world's most popular beverage. I swear on a stack of these, it's a

thumping good read."--John Holl, editor of All About Beer Magazine and author of The American Craft Beer Cookbook

Imagine sitting in your favorite pub with a friend who happens to be a world-class expert on beer. That's this book. It covers the history: how we got from gruel-beer to black IPA in 10,000 years. The alchemy: malts, grains, and the miracle of hops. The variety: dozens of styles and hundreds of recommended brews (including suggestions based on your taste preferences), divided into four sections--Ales, Wheat Beers, Lagers, and Tart and Wild Ales--and all described in mouthwatering detail. The curiosity: how to read a Belgian label;

the talk of two Budweisers; porter, the first superstyle; and what, exactly, a lager is. The pleasure. Because you don't merely taste beer, you experience it. Winner of a 2016 IACP Award "Covers a lot of ground, from beer styles and brewing methods to drinking culture past and present. There's something for beer novices and beer geeks alike."--Ken Grossman, founder, Sierra Nevada Brewing Co. "Erudite, encyclopedic, and enormously entertaining aren't words you normally associate with beer, but *The Beer Bible* is no ordinary beer book. As scintillating, diverse, and refreshing as man's oldest alcoholic beverage itself."--Steve

Raichlen, author of *Project Smoke* and *How to Grill My New Roots Orbit* From the publisher of *Pipette Magazine*, discover a natural wine-soaked memoir about finding your passion—and falling in love. It was Rachel Signer's dream to be that girl: the one smoking hand-rolled cigarettes out the windows of her 19th-century Parisian studio apartment, wearing second-hand Isabel Marant jeans and sipping a glass of Beaujolais redolent of crushed roses with a touch of horse mane. Instead she was an under-appreciated freelance journalist and waitress in New York City, frustrated at always being broke and completely miserable in love.

When she tastes her first pétillant-naturel (pét-nat for short), a type of natural wine made with no additives or chemicals, it sets her on a journey of self-discovery, both deeply personal and professional, that leads her to Paris, Italy, Spain, Georgia, and finally deep into the wilds of South Australia and which forces her, in the face of her "Wildman," to ask herself the hard question: can she really handle the unconventional life she claims she wants? Have you ever been sidetracked by something that turned into a career path? Did you ever think you were looking for a certain kind of romantic partner, but fell in love with someone wild,

passionate and with a completely different life? For Signer, the discovery of natural wine became an introduction to a larger ethos and philosophy that she had long craved: one rooted in egalitarianism, diversity, organics, environmental concerns, and ancient traditions. In *You Had Me at Pét-Nat*, as Signer begins to truly understand these revolutionary wine producers upending the industry, their deep commitment to making their wine with integrity and with as little intervention as possible, she is smacked with the realization that unless she faces, head-on, her own issues with commitment, she will not be able to live a life that is as freewheeling,

unpredictable, and singular as the wine she loves.

No Longer Guilty Simon and Schuster

What won't we try in our quest for perfect health, beauty, and the fountain of youth?

Well, just imagine a time when doctors prescribed morphine for crying infants.

When liquefied gold was touted as immortality in a glass.

And when strychnine—yes, that strychnine, the one used in rat poison—was dosed like

Viagra. Looking back with fascination, horror, and not a little dash of dark, knowing humor, Quackery

recounts the lively, at times unbelievable, history of medical misfires and malpractices. Ranging from the merely weird

to the outright dangerous, here are dozens of outlandish, morbidly hilarious “treatments”—conceived by doctors and scientists, by spiritualists and snake oil salesmen (yes, they literally tried to sell snake oil)—that were predicated on a range of cluelessness, trial and error, and straight-up scams. With vintage illustrations, photographs, and advertisements throughout, Quackery seamlessly combines macabre humor with science and storytelling to reveal an important and disturbing side of the ever-evolving field of medicine.

The Inheritance

Houghton Mifflin

At long last, Sarah Britton, called the “queen bee of the

health blogs” by Bon Appétit, reveals 100 gorgeous, all-new plant-based recipes in her debut cookbook, inspired by her wildly popular blog. Every month, half a million readers—vegetarians, vegans, paleo followers, and gluten-free gourmets alike—flock to Sarah’s adaptable and accessible recipes that make powerfully healthy ingredients simply irresistible. My New Roots is the ultimate guide to revitalizing one’s health and palate, one delicious recipe at a time: no fad diets or gimmicks here. Whether readers are newcomers to natural foods or are already devotees, they will discover how easy it is to eat healthfully and happily when whole

foods and plants are at the center of every plate.

The Land of Milk and Honey Chronicle Books (CA)

Boost your energy, manage stress, build muscle, lose fat, and improve your performance. The best-selling nutrition guide is now better than ever! Nancy Clark’s Sports Nutrition Guidebook will help you make the right choices in cafes, convenience stores, drive-throughs, and your own kitchen. Whether you’re preparing for competition or simply eating for an active lifestyle, let this leading sports nutritionist show you how to get maximum benefit from the foods you choose and the meals you make. You’ll

learn what to eat before and during exercise and events, how to refuel for optimal recovery, and how to put into use Clark's family-friendly recipes and meal plans. You'll find the latest research and recommendations on supplements, energy drinks, organic foods, fluid intake, popular diets, carbohydrate and protein intake, training, competition, fat reduction, and muscle gain. Whether you're seeking advice on getting energized for exercise or improving your health and performance, Nancy Clark's Sports Nutrition Guidebook has the answers you can trust.

Making and Selling Cosmetics - Sweet Orange Lip Balm
Princeton University

Press
Meditating on her own experience of girlhood, marriage, and the mothering of a daughter, Getty combines a feminist sensibility with a sense of connection to the realms from which the forces of generation emerge. The poems, range outward and backward through the history of her family's women.

The Lost Apothecary
Getty Publications
Unlock the mysteries of the heart... Love is at the heart of everything we do. It is the intensity and ferocity with which we give ourselves to another. It is the unlimited, uncomplicated affection we have for our friends. It is the respect and small kindnesses we show ourselves each day. It

is the magical essence that nourishes and animates all things. Featuring stunning illustrations by the author, this little guide will teach you to honour love's divine magic through spells, rituals and enchantments that will nurture your innate intuition, cultivate self-love and promote sensual well-being. The magic of an open heart will encourage your relationships to flourish by strengthening true bonds and healing old wounds. The Little Book of Love Magic enables you to connect and draw on love in its many guises to truly find the happiness you seek. Only through love can you take your spiritual practice to another level.

Mezcal and Tequila
Cocktails Random

House

The first cocktail book from the award-winning mixologist Masahiro Urushido of Katana Kitten in New York City, on the craft of Japanese cocktail making Katana Kitten, one of the world's most prominent and acclaimed Japanese cocktail bars, was opened in 2018 by highly-respected and award-winning mixologist Masahiro Urushido. Just one year later, the bar won 2019 Tales of the Cocktail Spirited Award for Best New American Cocktail Bar. Before Katana Kitten, Urushido honed his craft over several years behind the bar of award-winning eatery Saxon+Parole. In The Japanese Art of the Cocktail, Urushido shares his immense knowledge of Japanese

cocktails with eighty recipes that best exemplify Japan's contribution to the cocktail scene, both from his own bar and from Japanese mixologists worldwide. Urushido delves into what exactly constitutes the Japanese approach to cocktails, and demystifies the techniques that have been handed down over generations, all captured in stunning photography.

What Herb Is That?

Little, Brown Books for Young Readers
 "Combining the winning elements of proven training approaches, motivational stories, and innovative recipes, No Meat Athlete is a unique guidebook, healthy-living cookbook, and nutrition

primer for the beginner, every day, and serious athlete who wants to live a meatless lifestyle. Author and popular blogger, Matt Frazier, will show you that there are many benefits to embracing a meat-free athletic lifestyle, including: Weight loss, which often leads to increased speed; Easier digestion and faster recovery after workouts; Improved energy levels to help with not just athletic performance but your day-to-day life; Reduced impact on the planet. Whatever your motivation for choosing a meat-free lifestyle, this book will take you through everything you need to know to apply your lifestyle to your training. Matt Frazier provides practical

advice and tips on how to transition to a plant-based diet while getting all the nutrition you need; uses the power of habit to make those changes last; and offers up menu plans for high performance, endurance, and recovery. Once you've mastered the basics, Matt delivers a training manual of his own design for runners of all abilities and ambitions. The manual provides training plans for common race distances and shows runners how to create healthy habits, improve performance, and avoid injuries. No Meat Athlete will take you from the start to finish line, giving you encouraging tips, tricks, and advice along the way"--
Sacred Hearts

Sourcebooks, Inc. Includes plastic insert with equivalent measurements and metric conversions. Kings of the Wyld John Wiley & Sons Sip sweet libations worthy of the Gods with these Greek myth-inspired concoctions based on all your favorite Gods and Goddesses. Care for Hestia's Old Fashioned? Want to fall in love with Eros on the Beach? How about the Bacchic Muddled Maenad sangria, topped with a blood orange; or maybe a Labooze of Heracles—made with plenty of strong whiskey? In Nectar of the Gods, you can sip Greek mythology-themed drinks while you enjoy your favorite ancient tales (or mythological retellings)

with this collection of delicious and fun cocktails written by Liv Albert, host of the popular podcast Let's Talk About Myths,

Baby!. Now you can discover new creations along with all your favorites and drink like the God or Goddess you know you are.