

Autobiographie D Un Yogi

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AGUILAR BRAUN

Autobiographie Eines Yogi Pinnacle Press

The value of Yogananda's AUTOBIOGRAPHY is greatly enhanced by the fact that it is one of the few books in English about the wise men of India which has been written, not by a journalist or foreigner, but by one of their own race and training-in short, a book ABOUT yogis BY a yogi. As an eyewitness recountal of the extraordinary lives and powers of modern Hindu saints, the book has importance both timely and timeless. To its illustrious author, whom I have had the pleasure of knowing both in India and America, may every reader render due appreciation and gratitude. His unusual life-document is certainly one of the most revealing of the depths of the Hindu mind and heart, and of the spiritual wealth of India, ever to be published in the West. It has been my privilege to have met one of the sages whose life-history is herein narrated-Sri Yukteswar Giri. A likeness of the venerable saint appeared as part of the frontispiece of my TIBETAN YOGA AND SECRET DOCTRINES. {FN1-1} It was at Puri, in Orissa, on the Bay of Bengal, that I encountered Sri Yukteswar. He was then the head of a quiet ashrama near the seashore there, and was chiefly occupied in the spiritual training of a group of youthful disciples. He expressed keen interest in the welfare of the people of the United States and of all the Americas, and of England, too, and questioned me concerning the distant activities, particularly those in California, of his chief disciple, Paramhansa Yogananda, whom he dearly

loved, and whom he had sent, in 1920, as his emissary to the West. Sri Yukteswar was of gentle mien and voice, of pleasing presence, and worthy of the veneration which his followers spontaneously accorded to him. Every person who knew him, whether of his own community or not, held him in the highest esteem. I vividly recall his tall, straight, ascetic figure, garbed in the saffron-colored garb of one who has renounced worldly quests, as he stood at the entrance of the hermitage to give me welcome. His hair was long and somewhat curly, and his face bearded. His body was muscularly firm, but slender and well-formed, and his step energetic. He had chosen as his place of earthly abode the holy city of Puri, whither multitudes of pious Hindus, representative of every province of India, come daily on pilgrimage to the famed Temple of Jagannath, "Lord of the World." It was at Puri that Sri Yukteswar closed his mortal eyes, in 1936, to the scenes of this transitory state of being and passed on, knowing that his incarnation had been carried to a triumphant completion. I am glad, indeed, to be able to record this testimony to the high character and holiness of Sri Yukteswar. Content to remain afar from the multitude, he gave himself unreservedly and in tranquillity to that ideal life which Paramhansa Yogananda, his disciple, has now described for the ages. W. Y. EVANS-WENTZ

Teaching Yoga Self Realization Fellowship

Autobiography of a Yogi is at once a beautifully written account of an exceptional life and a profound introduction to the ancient science of Yoga and its time-honored tradition of meditation. Profoundly inspiring, it is at the same time vastly entertaining, warmly humorous and filled with extraordinary personages. Self-Realization Fellowship's editions, and none others, include extensive material added by the author after the first edition was

published, including a final chapter on the closing years of his life. Selected as "One of the 100 Best Spiritual Books of the Twentieth Century", *Autobiography of a Yogi* has been translated into more than 30 languages, and is regarded worldwide as a classic of religious literature. Several million copies have been sold, and it continues to appear on best-seller lists after more than sixty consecutive years in print. With engaging candor, eloquence, and wit, Paramahansa Yogananda tells the inspiring chronicle of his life: the experiences of his remarkable childhood, encounters with many saints and sages during his youthful search throughout India for an illumined teacher, ten years of training in the hermitage of a revered yoga master, and the thirty years that he lived and taught in America. Also recorded here are his meetings with Mahatma Gandhi, Rabindranath Tagore, Luther Burbank, the Catholic stigmatist Therese Neumann, and other celebrated spiritual personalities of East and West. The author clearly explains the subtle but definite laws behind both the ordinary events of everyday life and the extraordinary events commonly termed miracles. His absorbing life story becomes the background for a penetrating and unforgettable look at the ultimate mysteries of human existence.--Amazon.com.

Chants of a Lifetime Engage Classics

Yogananda provides strength and solace for times of adversity by explaining the mysteries of God's "lila, " or divine drama. Readers can come to understand the reason for the dualistic nature of creation--God's interplay of good and evil--and receive guidance on how to rise above their most challenging circumstances.

Autobiography of a Yogi Nicholas Brealey

Millions are wondering what the future holds for mankind, and if we are soon due for a world-changing global shift. Paramhansa Yogananda (author of the classic *Autobiography of a Yogi*) and his teacher, Sri Yukteswar, offered key insights into this subject. They presented a fascinating explanation of the rising and falling eras that our planet cycles through every 24,000 years. According to their teachings, we have recently passed through the low ebb in that cycle and are moving to a higher age—an Energy Age that will revolutionize the world. Over one hundred years ago Yukteswar predicted that we would live in a time of extraordinary change, and that much that we believe to be fixed and true—our entire way of looking at the world — would be transformed and uplifted. In *The Yugas*, authors Joseph Selbie and David Steinmetz present substantial and intriguing evidence from the findings of historians and scientists that demonstrate the truth of Yukteswar's and Yogananda's revelations.

Autobiography of a Yogi Weiser Books

L'édition ORIGINALE du chef-d'œuvre de YOGANANDA Il existe des livres qui ont le pouvoir de transformer l'existence. Des livres capables d'ouvrir toutes grandes les fenêtres de l'âme. Des livres rares comme celui-ci. Comptée parmi les cent œuvres à contenu spirituel les plus importantes du XXe siècle, l'"Autobiographie d'un yogi" de Paramhansa Yogananda transmet à ses lecteurs les puissantes vibrations d'un maître éclairé, qui a transformé et inspiré des millions de personnes par sa propre vie. Il s'agit d'une aventure spirituelle passionnante, à la découverte des secrets de l'ancienne science du Kriya Yoga et des vérités les plus profondes de notre âme. Yogananda a travaillé sur son ouvrage pendant vingt-cinq ans, afin que chaque mot reflète fidèlement son esprit et sa conscience. Cette édition contient la pureté et l'éclat de la version originale, que Yogananda a personnellement éditée.

Autobiography of a Yogi David De Angelis

C'est une première fois qu'un authentique yogi hindou rédige l'histoire de sa vie pour un public occidental. Décrivant en détails saisissants ses nombreuses années d'entraînement spirituel auprès d'un maître christique, Sri Yukteswar de Serampore au Bengale, Yogananda nous dévoile un visage fascinant et méconnu de l'histoire de l'Inde. Les lois subtiles et pourtant précises, par lesquelles les yogis accomplissent des miracles et atteignent à la complète maîtrise de soi, sont expliquées avec une clarté scientifique.

Autobiography of a Yogi Kriya Yoga Publications

The autobiography of Paramahansa Yogananda (1893 - 1952) details his search for a guru, during which he encountered many spiritual leaders and world-renowned scientists. When it was published in 1946 it was the first introduction of many westerners to yoga and meditation. The famous opera singer Amelita Galli-Curci said about the book: "Amazing, true stories of saints and masters of India, blended with priceless superphysical information--much needed to balance the Western material efficiency with Eastern spiritual efficiency--come from the vigorous pen of Paramhansa Yogananda, whose teachings my husband and myself have had the pleasure of studying for twenty years."

Autobiographie D'un Yogi The Floating Press

"Ram Dass lived a full life and then some. His final statement is thorough and, yes, enlightening." —Kirkus Reviews Perhaps no other teacher has sparked the fires of as many spiritual seekers in the West as Ram Dass. If you've ever embraced the phrase "be here now," practiced meditation or yoga, tried psychedelics, or supported anyone in a hospice, prison, or homeless center—then the story of Ram Dass is also part of your story. From his birth in 1931 to his luminous later years, Ram Dass saw his life as just one incarnation of many. This memoir puts us in the passenger seat with the one-time Harvard psychologist and lifelong risk-taker Richard Alpert, who loved to take friends on wild rides on his Harley and test nearly every boundary—inner or outer—that came his way. Being Ram Dass shares his life's odyssey in intimate detail: how he struggled with issues of self-identity and sexuality in his youth, pioneered psychedelic research, and opened the doorways to Eastern spiritual practices. In 1967 he trekked to India and met his guru, Neem Karoli Baba. He returned with a perspective on spirituality and psychology that changed millions. Featuring 64 pages of color photographs, this intimate memoir chronicles the cultural and spiritual transformations Ram Dass experienced that resonate with us to this day, a journey from the mind to the heart, from the ego to the soul. Before, after, and along these waypoints, readers will encounter many other adventures and revelations—each ringing with the potential to awaken the universal, loving divine that links us to this beloved teacher and all of us to each other.

Autobiography of a Yogi Diamond Pocket Books Pvt Ltd

The first authoritative biography of Babaji, the immortal master made famous by Yogananda's *Autobiography of a Yogi*, an all-time best-seller. Babaji lives today near Badrinath, in the upper Himalayan mountains. His body has not aged since the age of sixteen, when centuries ago he attained the supreme state of enlightenment and divine transformation. This followed his initiation into scientific art of Kriya Yoga by two deathless masters, the siddhas Agastyar and Boganathar, who belonged to the "18 Siddha Tradition", famous among the Tamil speaking people of southern India. This rare account, by a long time disciple, reveals their little known stories, ancient culture and present mission, as well as how their Kriya Yoga can be used to

bring about the integration of the material and spiritual dimensions of life. Clear explanations of the psychophysiological effects of Kriya Yoga and guidelines for its practice are given. It includes verses from the Siddhas' writings with commentary. A book which will inspire you.

Autobiographie d'un yogi Crystal Clarity Publishers

Autobiography of a Yogi introduces the reader to the life of Paramahansa Yogananda and his encounters with spiritual figures of both the Eastern and the Western world. The book follows him through childhood, how he met his guru, and how he became a monk and established his teachings of Kriya Yoga meditation. He also chronicles his journey to speak in a religious congress in Boston, Massachusetts and his travels across America lecturing and establishing his teachings in Los Angeles, California. *Autobiography of a Yogi* has been in print for seventy years and translated into over fifty languages. It is highly acclaimed as a spiritual classic that serves as an introduction to the methods of attaining God-realization and to the spiritual wisdom of the East. One of the most famous advocates for the book was Steve Jobs, who ensured a copy was handed out to everyone at his memorial service.

50 Spiritual Classics Hay House, Inc

Autobiography of a Yogi Paramahansa Yogananda 1946 *Autobiography of a Yogi* is an autobiography of Paramahansa Yogananda (January 5, 1893- March 7, 1952) first published in 1946. Paramahansa Yogananda was born as Mukunda Lal Ghosh in Gorakhpur, India, into a Bengali Hindu family. *Autobiography of a Yogi* introduces the reader to the life of Paramahansa Yogananda and his encounters with spiritual figures of both the Eastern and the Western world. The book begins with his childhood family life, to finding his guru, to becoming a monk and establishing his teachings of Kriya Yoga meditation. The book continues in 1920 when Yogananda accepts an invitation to speak in a religious congress in Boston, Massachusetts, USA. He then travels across America lecturing and establishing his teachings in Los Angeles, California. In 1935, he returns to India for a yearlong visit. When he returns to America, he continues to establish his teachings, including writing this book. The book is an introduction to the methods of attaining God-realization and to the spiritual wisdom of the East, which had only been available to a few in 1946. The author claims that the writing of the book was prophesied long ago by the nineteenth-century master Lahiri Mahasaya (Paramguru of Yogananda) also known as the Yogiraj and Kashi baba. Before becoming a yogi, Lahiri Mahasaya's actual name was Shyama Charan Lahiri. It has been in print for seventy years and translated into over fifty languages by Self-Realization Fellowship. It has been highly acclaimed as a spiritual classic including being designated by Philip Zaleski, while he was under the auspices of HarperCollins Publishers, as one of the "100 Most Important Spiritual Books of the 20th Century." It is included in the book *50 Spiritual Classics: Timeless Wisdom from 50 Great Books of Inner Discovery, Enlightenment and Purpose* by Tom Butler-Bowdon. According to Project Gutenberg, the first edition is in public domain and at least five publishers are reprinting it and four post it free for online reading. The *Autobiography of a Yogi* takes the reader on a journey into the spiritual adventures of Paramahansa Yogananda. The book begins by describing Yogananda's childhood family life to his search for his guru, Swami Sri Yukteswar Giri, to the establishment of his first school, Yogoda Satsanga Brahmacharya Vidyalaya to his journey to America where he lectured to thousands, established Self-Realization Fellowship and visited with Luther Burbank, a renowned botanist to whom this book is dedicated.

The Essence of Kriya Yoga Houghton Mifflin Harcourt

Autobiographie d'un yogi a été traduit en près de vingt langues et a été lu par des millions de lecteurs. C'est l'un des rares ouvrages sur les sages de l'Inde écrit non pas par un Occidental, mais par un authentique yogi indien. Témoin oculaire de la vie et des pouvoirs extraordinaires des saints de l'Inde moderne, Yogananda explique avec clarté les lois qui permettent aux authentiques yogis d'accomplir des miracles et d'atteindre la maîtrise de leur esprit. Cette autobiographie n'est pas seulement captivante, elle révèle l'unité sous-jacente à toutes les grandes religions de l'Orient et de l'Occident.

Autobiography of a Yogi (Deluxe Library Binding) (Annotated) Adyar Editions

"Contains selected excerpts from Paramahansa Yogananda's book "The Resurrection of the Christ Within You," which book is a commentary on the New Testament gospels and noncanonical source material, focusing on the quest to uncover the original teachings of Jesus"--Provided by publisher.

Babaji and the 18 Siddha Kriya Yoga Tradition Editions L'Harmattan

Autobiography of a Yogi - COMPLETE EDITION - By Paramhansa Yogananda - Self-Realization Paramahansa Yogananda (January 5, 1893 - March 7, 1952), born Mukunda Lal Ghosh, was an Indian yogi and guru who introduced millions of westerners to the teachings of meditation and Kriya Yoga through his book, *Autobiography of a Yogi*. In 1917 Paramahansa Yogananda "began his life's work with the founding of a 'how-to-live' school for boys, where modern educational methods were combined with yoga training and instruction in spiritual ideals." In 1920 "he was invited to serve as India's delegate to an International Congress of Religious Liberals convening in Boston. His address to the Congress, on 'The Science of Religion,' was enthusiastically received." For the next several years he lectured and taught across the United States. His discourses taught of the "unity of 'the original teachings of Jesus Christ and the original Yoga taught by Bhagavan Krishna.'" In 1920 he founded Self-Realization Fellowship and in 1925 established in Los Angeles, California, the international headquarters for SRF. The value of Yogananda's *Autobiography* is greatly enhanced by the fact that it is one of the few books in English about the wise men of India which has been written, not by a journalist or foreigner, but by one of their own race and training--in short, a book about yogis by a yogi. As an eyewitness recountal of the extraordinary lives and powers of modern Hindu saints, the book has importance both timely and timeless. To its illustrious author, whom I have had the pleasure of knowing both in India and America, may every reader render due appreciation and gratitude. His unusual life-document is certainly one of the most revealing of the depths of the Hindu mind and heart, and of the spiritual wealth of India, ever to be published in the West. It has been my privilege to have met one of the sages whose life-history is herein narrated--Sri Yukteswar Giri. A likeness of the venerable saint appeared as part of the frontispiece of my *Tibetan Yoga and Secret Doctrines*. 1-1 It was at Puri, in Orissa, on the Bay of Bengal, that I encountered Sri Yukteswar. He was then the head of a quiet ashrama near the seashore there, and was chiefly occupied in the spiritual training of a group of youthful disciples. He expressed keen interest in the welfare of the people of the United States and of all the Americas, and of England, too, and questioned me concerning the distant activities, particularly those in California, of his chief disciple, Paramhansa Yogananda, whom he dearly loved, and whom he had sent, in 1920, as his emissary to the West.

Autobiography of a Yogi Crystal Clarity Publishers

This life story of Yogananda was instrumental in introducing meditation and yoga to the West. It includes Yogananda's and Sri Yukteswar's attempts to explain certain verses and events of the Bible such as the Garden of Eden story, and descriptions of Yogananda's encounters with Therese Neumann, Mohandas Gandhi, and Nobel laureate Rabindranath Tagore. This acclaimed autobiography presents a fascinating portrait of one of the great spiritual figures of our time. With engaging candor, eloquence, and wit, Paramahansa Yogananda narrates the inspiring chronicle of his life: the experiences of his remarkable childhood, encounters with many saints and sages during his youthful search throughout India for an illumined teacher, ten years of training in the hermitage of a revered yoga master, and the thirty years that he lived and taught in America. Also recorded here are his meetings with Mahatma Gandhi, Rabindranath Tagore, Luther Burbank, the Catholic stigmatist Therese Neumann, and other celebrated spiritual personalities of East and West. Autobiography of a Yogi is at once a beautifully written account of an exceptional life and a profound introduction to the ancient science of Yoga and its time-honored tradition of meditation. The author clearly explains the subtle but definite laws behind both the ordinary events of everyday life and the extraordinary events commonly termed miracles. His absorbing life story thus becomes the background for a penetrating and unforgettable look at the ultimate mysteries of human existence. Considered a modern spiritual classic, the book has been translated into more than twenty languages and is widely used as a text and reference work in colleges and universities. A perennial bestseller since it was first published sixty years ago, Autobiography of a Yogi has found its way into the hearts of millions of readers around the world.

Autobiography of a Yogi (Annotated) North Atlantic Books

Chants of a Lifetime offers an intimate collection of stories, teachings, and insights from Krishna Das, who has been called "the chant master of American yoga" by the New York Times. Since 1994, the sound of his voice singing traditional Indian chants with a Western flavor has brought the spiritual experience of chanting to audiences all over the world. He has previously shared some of his spiritual journey through talks and workshops, but now he offers a unique book-with-audio download combination that explores his fascinating path and creates an opportunity for just about anyone to experience chanting in a unique and special way. *Chants of a Lifetime* includes photos from Krishna Das's years in India and also from his life as a kirtan leader—and the audio that is offered exclusively in the book consists of a number of "private" chanting sessions with the author. Instead of just being performances of chants for listening, the recordings make it seem as if Krishna Das himself is present for a one-on-one chanting session. The idea is for the listener to explore his or her own practice of chanting and develop a deepening connection with the entire chanting experience.

Chants of a Lifetime Hay House, Inc

The Autobiography of a Yogi by Paramahansa Yogananda is a seminal work in spiritual literature that has captivated readers worldwide since its first publication in 1946. In this profound and inspirational autobiography, Yogananda recounts his remarkable journey from a young boy in India to a revered spiritual teacher and founder of the Self-Realization Fellowship. The book offers an intimate glimpse into Yogananda's early life, his encounters with spiritual luminaries, and his pursuit of divine wisdom. It chronicles his training under his guru, Sri Yukteswar, and his subsequent mission to bring the teachings of Kriya Yoga to the West. Through vivid and engaging storytelling, Yogananda describes his spiritual experiences,

including miraculous events and profound insights that shaped his life and teachings. The Autobiography of a Yogi is not just a personal memoir but a guide to the spiritual path, addressing universal themes of self-realization, the nature of God, and the interconnectedness of all beings. The book also delves into the scientific and philosophical aspects of spirituality, presenting them in a way that is accessible and inspiring. With its blend of autobiography, spiritual teachings, and philosophical reflections, Yogananda's work has been instrumental in bridging Eastern and Western spiritual traditions. It remains a treasured text for those seeking deeper understanding and connection to the divine, and it continues to inspire countless individuals on their own spiritual journeys.

The Yugas Simon and Schuster

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Autobiographie d'un yogi Self Realization Fellowship Pub

It's like having a yoga teacher in your own home! Van Lysebeth, with over 50 years experience as a yoga instructor, describes more than 200 exercises and postures, using over 100 photographs and numerous illustrations that show both the right and wrong way to perform them. Unlike other yoga books which show only the completed posture, these illustrations show the intermediate steps for attaining the final postures. For beginning students, this classic book is a perfect introduction to yoga.

Autobiography of a Yogi CreateSpace

This edition boasts an insightful historical context, focusing on the early 1900s, a significant time for the development of yoga and spirituality. Autobiography of a Yogi is the account of the life of Paramahansa Yogananda in his own words. Yogananda shares his exceptional childhood, personal encounters with various saints and sages during his exhaustive quest for a teacher and describes meeting his guru. Yogananda shares insights into his ten years of training under the revered yoga master with touching candor before the book continues to outline the thirty years Yogananda lived and taught in America. Yogananda founded a boys' school in Dihika, West Bengal, and is lauded widely as the man who brought yoga to America. He established the Self Realization Fellowship and lectured across the country on religion and yoga. Autobiography of a Yogi has been translated into 20 languages. It is considered a classic of religious literature, named "One of the 100 Best Spiritual Books of the Twentieth Century." Since its publication, several million copies of the book have been sold worldwide. It continues to appear on best-seller lists after more than sixty years in print. This edition boasts an insightful, point-by-point study guide that breaks down the story into manageable pieces and helps answer questions about the text.