
Dark Moods

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Night Vision
A Philosophy of Loneliness
Mediatized Fan Play

CONOR ALEXANDER

Feelings Buried Alive Never Die

Wellbridge Books

Addressing fans' digital practices, this book places fans' play at the centre of a networked mainstream culture that seems to increasingly cater to, amalgamate with and adapt to fans' mediatized play. Through case studies of the fan communities of the Hamilton musical, and Norwegian streaming hit SKAM, along with examples from many other online fan communities, the book dives into how fans navigate and create play rules as part of their community-building in a networked digital landscape and how they use the digital affordances of social media to engage in language play. It analyses the role of mediatized fan play in the context of political culture and identifies processes of fanization as fans' play moods and modes are integrated into politics. Finally, the book discusses the role of fan play in the context of the global conspiracy theory, QAnon, as those instigating the conspiracy and those who are fans of the movement engage in dark play and deep play, respectively. The book suggests that we might understand fan communities as pioneer communities in the sense that there is increased value placed on fans' mood work and fan play is integrated into other societal domains. This is an engaging book for scholars and students studying media studies and cultural studies, particularly courses on fan studies, film studies, television studies and mediatization.

Healing through the Dark Emotions

Walter de Gruyter

Popular music is far more than just songs we listen to; its meanings are also in album covers, lyrics, subcultures, voices and video soundscapes. Like

language these elements can be used to communicate complex cultural ideas, values, concepts and identities.

Analysing Popular Music is a lively look at the semiotic resources found in the sounds, visuals and words that comprise the 'code book' of popular music. It explains exactly how popular music comes to mean so much. Packed with examples, exercises and a glossary, this book provides the reader with the knowledge and skills they need to carry out their own analyses of songs, soundtracks, lyrics and album covers. Written for students with no prior musical knowledge, *Analysing Popular Music* is the perfect toolkit for students in sociology, media and communication studies to analyse, understand - and celebrate - popular music.

Connecting with Ambivalent

Heritage Macmillan + ORM

'I Had a Black Dog says with wit, insight, economy and complete understanding what other books take 300 pages to say. Brilliant and indispensable.' - Stephen Fry 'Finally, a book about depression that isn't a prescriptive self-help manual. Johnston's deftly expresses how lonely and isolating depression can be for sufferers. Poignant and humorous in equal measure.' Sunday Times There are many different breeds of Black Dog affecting millions of people from all walks of life. The Black Dog is an equal opportunity mongrel. It was Winston Churchill who popularized the phrase Black Dog to describe the bouts of depression he experienced for much of his life. Matthew Johnstone, a sufferer himself, has written and illustrated this moving and uplifting insight into what it is like to have a Black Dog as a companion and how he learned to tame it and bring it to heel.

Defining Moments AuthorHouse

Psychiatric Mental Health Nursing: An Interpersonal Approach, Third Edition is a foundational resource that weaves both the psychodynamic and neurobiological theories into the strategies for nursing interventions.

Mood Indigo Springer

Karol Truman provides a comprehensive and enlightening resource for getting in touch with unresolved feelings which, she explains, can distort not only happiness but also health and well-being. Leaving no emotion unnamed, and in fact listing around 750 labels for feelings, Truman helps identify problem areas, and offers a "script" to help process the feelings, replacing the negative feeling with a new, positive outlook. A chapter on the possible emotions below the surface in various physical ailments gives the reader plenty to work with on a deep healing level. *FEELINGS BURIED ALIVE NEVER DIE* combines a supportive, common-sense, results-oriented approach to a problem that is widespread and that can stop people from living fully.

Travelling Concepts for the Study of Culture Gallery Books

Through this exploration the connection between textual representation and social productions of the "Real" become startlingly apparent."

Lovecraft's Works Taylor & Francis

"The Mind and Its Education" by George Herbert Betts is a book about our ability to learn that is more than a century old but remains topical, for the questions the author raised still wait for answers. Betts speaks about the impossibility of physical research of the mind but proposes another way of experimentation to learn how our mind perceives and stores information or creates images.

Breaking Through Depression

Bloomsbury Publishing

This is the second of three books containing the complete fiction collection of the great HP Lovecraft, the master of horror. The serie contains 83 fiction stories (including some rare juvenile stories), one sonnet and two essays.

Tackling Black Moods and Depression

Olympus Publishing

Bringing together innovative and internationally renowned experts, this volume provides concise presentations of the main concepts and cutting-edge research fields in the study of culture (rather than the infinite multitude of possible themes). More specifically, the volume outlines different models for the study of culture, explores avenues for interdisciplinary exchange, assesses key concepts and traces their travels across various disciplinary, historical and national contexts. To trace the travelling of concepts means to map both their transfer from one discipline, approach or culture of research to another, and also to identify the transformations which emerge through these processes of transfer. The volume serves to show that working with (travelling) concepts provides a unique strategy for research and research design which can open up a wide range of promising perspectives for interdisciplinary exchange. It offers an exemplary overview of an interdisciplinary and international approach to the travelling concepts that organize, structure and shape the study of culture. In doing so, the volume serves to initiate a dialogue that exceeds disciplinary and national boundaries and introduces a self-reflexive dimension to the field, thus affording a recognition of how deeply disciplinary premises and nation-specific research traditions affect different approaches in the study of culture.

The Passions Icon Books

The posthumous diagnosis of Winston Churchill as manic-depressive has been drawn entirely from biographical information, which, though significant to understanding his life and mind, has often been misused or misunderstood. This book investigates how such materials have been interpreted (and misinterpreted) in relation to Churchill's mental health, taking a particularly close look at his association with nerves or "neurasthenia." Included are appendices on Churchill's remedies for worry and mental overstrain and an investigation of his mental state after losing the 1945 general election.

Fever Lulu.com

This volume offers inspiring suggestions for all the rooms in the house and explores how inventive use of deep colour can create a sensuous change of mood and transform your home in surprising ways. Each chapter explores a family of colour: blues and greens, reds and purples and browns and greys.

My Many Colored Days Policy Press
Wisdom at the Crossroads is an introduction to the life and thought of the gifted Jesuit priest, theologian, author and educator, Michael Paul Gallagher SJ (1939-2015). It follows his journey from the simplicity of an Irish rural childhood to the more complex world he soon encountered. That changing world prompted him to think deeply about the question of faith in our times, the effects of a shifting culture on our perceptions, and the challenge of unbelief and atheism as it manifests itself today. The book illuminates Michael Paul's rare gift – both in personal conversation and in the written word – of helping people to move from a detached consideration of faith to an awareness of what was deepest in their own hearts,

for it was from that hidden layer of wonder that he believed the journey of faith could unfold. Being attuned to the depths in his own heart, he was able to identify the liberating wavelength in the lives of others and in the culture of our time, awakening many people to a vision that healed them into hope.

Moving on from Depression Knopf Books for Young Readers

Our lives are full of defining moments, but do we recognize them? We often fail to appreciate the significance of these moments. At work the pressure can be relentless and we can fail to enjoy these moments. The author shows how to recognize and appreciate these moments, which in turn helps us to better cope during more difficult times.

American Stranger W. W. Norton & Company

What do you get when you put together a sensitive woman with a gift for reading and understanding people, a dash of love and loss, a fascination with and appreciation for nature, and a gift for capturing it all in words? You have this book of almost three hundred poems spanning over sixty years in a remarkable woman's life.

The Little Book of Bad Moods

McFarland

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Modern Character Good Press

This text will present the basics of positive psychology to educators and provide interactive resources to enrich teachers' proficiency when using positive psychology in the classroom.

Psychiatric Mental Health Nursing: An Interpersonal Approach SAGE

The first major biography of the legendary singer—an enthralling account of a charismatic artist moving through the greatest, most glamorous

era of American music "I learned courage from Buddha, Jesus, Lincoln, and Mr. Cary Grant." So said Peggy Lee, the North Dakota girl who sang like she'd just stepped out of Harlem. Einstein adored her; Duke Ellington dubbed her "the Queen." With her platinum cool and inimitable whisper she sold twenty million records, made more money than Mickey Mantle, and along with pals Frank Sinatra and Bing Crosby presided over music's greatest generation. Yet beneath the diamonds she was still Norma Delores Egstrom, insecure and always looking for acceptance. Drawing on exclusive interviews and new information, Peter Richmond delivers a complex, compelling portrait of an artist and an era that begins with a girl plagued by loss, her father's alcoholism, and her stepmother's abuse. One day she gets on a train hoping her music will lead her someplace better. It does—to a new town and a new name; to cities and clubs where a gallery of brilliant innovators are ushering in a brand-new beat; to four marriages, a daughter, Broadway, Vegas, and finally Hollywood. Richmond traces how Peggy rose, right along with jazz itself, becoming an unstoppable hit-maker ("Fever," "Mañana," "Is That All There Is?"). We see not only how this unforgettable star changed the rhythms of music, but also how—with her drive to create, compose, and perform—she became an artist whose style influenced k.d. lang, Nora Jones, and Diana Krall. Fever brings the lady alive again—and makes her swing.

Dark Emotions WestBow Press

Dark Emotions is a book about a range of emotional experiences that are often regarded or characterized as 'negative', 'disturbing' or 'dark' as contrasted with emotions that are 'positive', 'pleasant' or 'light'. Each chapter in the book is

devoted to introducing different 'dark emotions' such as disappointment, betrayal, worry, regret, resentment and alienation and seeks to show – through conceptual, theoretical and empirical examples – how these emotions influence peoples' lives and their relations to self, others and society. The book thus provides an overview of some dark emotions that are recognizable in our everyday lives and culture. It contains accessible introductions and relevant theoretical and empirical research on 12 different kinds of 'dark emotions'. The chapters are highly useful for teaching sessions and research contexts. Additionally, they provide extensive lists of references for further reading. The book will be particularly useful for students or scholars with an interest in emotion research or related areas, and the book may inspire further investigation of the often- overlooked emotions presented in this volume.

Big Boys Don't Cry Routledge

Dr. Seuss's youngest concept book is now available in a sturdy board book for his youngest fans! All of the stunning illustrations and imaginative type designs of Steve Johnson and Lou Fancher are here, as are the intriguing die-cut squares in the cover. A brighter, more playful cover design makes this board book edition all the more appropriate as a color concept book to use with babies or a feelings and moods book to discuss with toddlers.

Dancing on the Tightrope Jones & Bartlett Learning

"The Night Ocean" is told from the first person narrative and it follows the young painter who arrives in a small village of Ellston where he is supposed to enter a contest with his large mural. At first, he enjoys peace and quiet surroundings,

but as he stays longer he start seeing
and experiencing some strange things

which, along with the loneliness, have
strong effect to his psyche.