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# John Eldredge Captivating

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Captivating Heart to Heart Facilitator's Guide

Unyielding Hope (When Hope Calls Book #1)

Captivating Guided Journal, Revised Edition

The Sacred Romance

Restoration Year

Love and War

Come Matter Here

Jesus

Do More Better

Your Captivating Heart

Captivating

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Captivating Heart to Heart Small Group Video Series  
All Things New  
Wild at Heart Study Guide, Updated Edition  
The One Minute Pause Journal  
You Are Captivating  
Wild at Heart  
The Journey of Desire  
Your Beautiful Purpose  
The Utter Relief of Holiness  
A Mosaic of Wings (Dreams of India)

Becoming Myself  
Get Your Life Back  
Captivating Revised and Updated

*John Eldredge*  
*Captivating*

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## **MCMAHON MORENO**

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*Captivating Heart to Heart Facilitator's*  
*Guide FaithWords*

The radio host and speaker with Proverbs 31 shows women how to develop a confident heart and overcome insecurity and fears.

**Unyielding Hope (When Hope Calls Book #1)** Thomas Nelson

Come Matter Here is a call to stop putting your life on hold until "someday" and start digging your heels into the here and now to build the life God has

designed for you. Life is scary. Adulting is hard. When faced with the challenges of building a life of your own, it's all too easy to stake your hope and happiness in "someday." But what if the dotted lines on the map at your feet today mattered just as much as the destination you dream of? Hannah Brencher, TED Talk speaker and founder of The World Needs More Love Letters, thought Atlanta was her destination. Yet even after she arrived, she found herself in the same old chase for the next best thing...somewhere else. And it left her in a state of anxiety and deep depression. Our hyper-connected era has led us to

believe life should be a highlight reel—where what matters most is perfect beauty, instant success, and ready applause. Yet, as Hannah learned, nothing about faith, relationships, or character is instant. So she took up a new mantra: be where your feet are. Give yourself a permission slip to stop chasing the next big thing, and come matter here. Engage the process as much as you trust the God who lovingly leads you. If you are tired of running away from your life or tired of running ragged toward the next thing you think will make you feel complete, *Come Matter Here* will help you do whatever it takes to show up for the life God has for you. Whether you need to make a brave U-turn, take a bold step forward, or finish the next lap with fresh courage, find fuel

and inspiration for the journey right here.

*Captivating Guided Journal, Revised Edition* Thomas Nelson

Expanding on themes in the bestseller *Captivating*, Stasi Eldredge wrote this book to encourage mothers. She writes, "Every cry out to God in the midst of weariness and loneliness and sorrow for the strength to love; for the wisdom to discipline well; for the grace to respond with patience; for the help to soothe the ache in your heart, deepens His presence in your soul and changes you ever more into the woman you desire to be; the woman you are becoming . . . the woman you were created to be." *You Are Captivating* celebrates the glorious design and beauty of a mother released to be all she was meant to be. Available

for the first time in hardcover and beautifully designed with 2-color interiors, this book is perfect for gift giving and will encourage and inspire every mother with the knowledge that she is truly captivating.

*The Sacred Romance* Baker Books  
Chemistry is an amazing branch of science that affects us every day, yet few people realize it, or even give it much thought. Without chemistry, there would be nothing made of plastic, there would be no rubber tires, no tin cans, no television, no microwave ovens, or something as simple as wax paper. This book presents an exciting and intriguing tour through the realm of chemistry as each chapter unfolds with facts and stories about the discoveries and discoverers. Find out why pure gold is

not used for jewelry or coins. Join Humphry Davy as he made many chemical discoveries, and learn how they shortened his life. See how people in the 1870s could jump over the top of the Washington Monument. Exploring the World of Chemistry brings science to life and is a wonderful learning tool with many illustrations, biographical information, chapter tests, and an index for easy referencing.

Restoration Year Thomas Nelson  
"Your Captivating Heart" can help women reclaim and restore the glory they're meant to have. Every spread in this book is crafted into a self-contained nugget that includes both instruction and inspiration. (Practical Life)  
*Love and War* New Leaf Publishing Group  
Encourages men to allow God to help

them complete their spiritual growth through the six stages of manhood, which will better equip them as fathers to initiate their sons into manhood.

[Come Matter Here](#) Baker Books

What the Eldredge bestsellers *Wild at Heart* did for men, and *Captivating* did for women, *LOVE & WAR* will do for married couples everywhere. John and Stasi Eldredge have contributed the quintessential works on Christian spirituality through the experience of men and the experience of women and now they turn their focus to the incredible dynamic between those two forces. With refreshing openness that will grab readers from the first page, the Eldredges candidly discuss their own marriage and the insights they've gained from the challenges they faced. Each

talks independently to the reader about what they've learned, giving their guidance personal immediacy and a balance between the male and female perspectives that has been absent from all previous books on this topic. They begin *LOVE & WAR* with an obvious but necessary acknowledgement: Marriage is fabulously hard. They advise that the sooner we get the shame and confusion off our backs, the sooner we'll find our way through. *LOVE & WAR* shows couples how to fight for their love and happiness, calling men and women to step into the great adventure God has waiting for them together. Walking alongside John and Stasi Eldredge, every couple can discover how their individual journeys are growing into a story of meaning much greater than anything

they could do or be on their own.

**Jesus** Thomas Nelson

As a young girl, Lillian Walsh lost both her parents and a younger sister. Now in her twenties, after enduring the death of her adoptive mother, Lillian must find her place in the world. Just as her adoptive father is leaving for an extended trip to his native Wales, a lawyer appears at the door to inform Lillian that she has inherited a small estate from her birth parents--and that the sister she had long believed dead is likely alive. When she discovers that her sister, Grace, is living in a city not far away, Lillian rushes to a reunion, fearful that the years of separation will make it hard to reconnect. When the two sisters meet, Grace is not at all what Lillian expected to find. Though her

circumstances have been difficult, Grace has big dreams. Can Lillian set aside her own plans to join her sister in an adventure that will surely change them both?

Do More Better Thomas Nelson

'You live in a love story set in the midst of a very real war...' What *Wild at Heart* did for men, and *Captivating* did for women, *LOVE & WAR* will do for married couples everywhere. John and Stasi Eldredge have contributed quintessential works on Christian spirituality for men and women separately but now they turn their focus to the incredible union between those two forces - marriage. With refreshing openness, the Eldredges discuss their own marriage and the insights they've gained from the challenges they've faced. Both speak

independently to the reader about what they've learnt, giving their guidance personal immediacy and balanced male and female perspectives. John and Stasi begin LOVE & WAR with an obvious but necessary acknowledgement: marriage is fabulously hard. For every minute of happy delirium, there are equal amounts of disappointment and frustration and a sense that we've been deluded, that this isn't the marriage we dreamed of. Once we admit this, we are free to accept the great adventure of marriage; working together through strength gained from our own individual relationships with God, rather than looking to each other for happiness.

**Your Captivating Heart** Thomas Nelson Inc  
Find your way through the mess to

embrace the fulfilling life you've always dreamed of. Join New York Times bestselling author John Eldredge as he shares practical, simple, and refreshing tips with you for living fully. How would you say you are doing these days? Are you happy most of the time? Do you feel deeply loved? Are you excited about your future? How often do you feel lighthearted? These questions almost seem unfair. Life is so hard on all of us, rough on our humanity. We live in soul-scorching times. The mad pace of it all, the number of demands on our time and energy, and the overwhelming torrent of information coming at us 24-7 have left us all ragged, wrung-out, and emptied. This isn't the life we want, but how do we get off the roller coaster? In *Get Your Life Back*, John Eldredge shows you how



to move forward into the life you so desperately need. By incorporating a few simple practices—what John calls "graces"—you can begin to recover your soul, disentangle from the tragedies of this broken world, and discover the restorative power of beauty. These simple practices are yours for the taking. You don't need to abandon your life to get it back—in fact, John shares that you can start restoring your life here and now. *Get Your Life Back* will give you the tools you need to: Learn how to insert the One Minute Pause into your day Begin practicing "benevolent detachment" and truly let it all go Offer kindness toward yourself in the choices you make Drink in the simple beauty available to you every day Take realistic steps to unplug from technology

overload God wants to strengthen and renew your soul, and Jesus longs to give you more of himself. The world may be harsh, but God is gentle; he knows what your daily life is like. All we need to do is put ourselves in places that allow us to receive his help. You can live freely and lightly. Let *Get Your Life Back* show you how. Your soul will thank you for it.

#### *Captivating WaterBrook*

It's 1885, and all Nora Shipley wants, now that she's graduating from Cornell University as valedictorian of the entomology program, is to follow in her late father's footsteps by getting her master's degree and taking over the scientific journal he started. The only way to uphold her father's legacy is to win a scholarship, so she joins a research expedition in Kodaikanal, India,

to prove herself in the field. India isn't what she expects, though, and neither is the rival classmate who accompanies her, Owen Epps. As her preconceptions of India--and of Owen--fall away, she finds both far more captivating than she expected. Forced by the expedition leader to stay at camp and illustrate exotic butterflies the men of the team find without her, Nora befriends Sita, a young Indian girl who has been dedicated to a goddess against her will. In this spellbinding new land, Nora is soon faced with impossible choices--between saving Sita and saving her career, and between what she's always thought she wanted and the man she's come to love.

Get Out of That Pit Thomas Nelson

We all spend a lot of energy reaching for

happiness, but we're never quite able to hang on to it. Real life happens, and our circumstances take us on an emotional rollercoaster. Oftentimes, the Bible's call to "be joyful always" seems out of reach--but it doesn't have to be. We are called to live. And, miraculously, to live with joy. Join bestselling author Stasi Eldredge as she shows us how to choose a joy that stands against the tides of life's real and often overwhelming pain. Defiant Joy reminds us that a joy that is defiant in the face of this broken world was meant to be ours. This joy isn't simply happiness on steroids, it's the unyielding belief that sorrow and loss do not have the final say. It's the stubborn determination to be present in whatever may come and interpret both goodness and grief by the light of heaven. Defiant

Joy will give you the encouragement you need to: Finally experience daily joy  
Learn how to have a posture of holy defiance when circumstances threaten to weigh down your soul Find new perspectives on the painful circumstances you've faced In *Defiant Joy*, Stasi invites us with courage, candor, and tender vulnerability to a place beyond sadness or happiness, leading the way as we learn how to maintain a posture of holy defiance that neither denies nor diminishes our pain but dares to live with expectant, unwavering hope.

**Captivating Expanded Edition**

Thomas Nelson Publishers  
New York Times best-selling author of *Wild at Heart* John Eldredge offers readers a step-by-step guide to effective

Christian prayer. How would it feel to enter into prayer with confidence and assurance—certain that God heard you and that your prayers would make a difference? It would likely feel amazing and unfamiliar. That's because often our prayers seem to be met with silence or don't appear to change anything. Either response can lead to disappointment or even despair in the face of our ongoing battles and unmet longings—especially when we don't know if we're doing something wrong or if some prayers just don't work. New York Times bestselling author John Eldredge confronts these issues directly in *Moving Mountains* by offering a hopeful approach to prayer that is effective, relational, and rarely experienced by most Christians. In a world filled with danger, adventure, and

wonder, we have at our disposal prayers that can transform the events and issues that matter most to us and to God. Moving Mountains shows you how to experience the power of daily prayer, learn the major types of prayers—including those of intervention, consecration, warfare, and healing—and to discover the intimacy of the cry of the heart prayer, listening prayer, and praying Scripture. Things can be different, and you personally have a role to play with God in bringing about that change through prayer. It may sound too good to be true, but this is your invitation to engage in the kind of prayers that can move God's heart as well as the mountains before you. Moving Mountains is also available in Spanish, *Mueve montañas*. To dive

deeper into the Moving Mountains message, the Moving Mountains study guide and video study are available now. [Waking the Dead](#) Thomas Nelson  
In this updated edition of the bestselling classic, author John Eldredge reminds men they need adventure in their lives . . . in their work, in their love, and their spiritual lives. He reveals how God designed men to be dangerous. Simply look at the dreams and desires written in the heart of every boy: to be a hero, to be a warrior, and to live a life of adventure and risk. Sadly, most men today have abandoned these dreams and desires—aided by a Christianity that feels like nothing more than pressure to be a "nice guy." It is no wonder that many men avoid church, and those who go are often passive and bored to death.

In this provocative six-session video study (DVD/digital video downloads sold separately), John Eldredge explains how God wants to heal these deep wounds from earlier years that take away a man's confidence and—in some cases—his masculinity. He shows that deep within the heart of every man is a longing for a battle to fight, an adventure to live, and a beauty to rescue—because that is how God created him. It is time for the church to reclaim these wounded warriors. It is time to give men permission to be what God designed them to be—dangerous, passionate, alive, and free! Sessions include: The Heart of a Man The Wound A Battle to Fight An Adventure to Live A Beauty to Rescue A Band of Brothers Designed for use with the Wild at Heart

Updated Video Study available on DVD or streaming video, sold separately. [Moving Mountains](#) Thomas Nelson “This is a series of stories of what it looks like to walk with God, over the course of about a year.” So begins a remarkable narrative of one man’s journey learning to hear the voice of God. The details are intimate and personal. The invitation is for us all. What if we could hear from God . . . often? What difference would it make? We have a lot to sort through on any given day. A whole lot to navigate over the course of a week or a month. Am I in the right place? The right relationships? How am I going to come up with enough money to do the things I want to do? And what about love—is this the one? Will it last? What is causing all those fears I

keep pushing down inside? Why can't I overcome those "habits" that look more and more like addictions? Am I at the right church? Should I even go to church? What is God doing in my life? All day long we are making choices. It adds up to an enormous amount of decisions in a lifetime. How do we know what to do? We have two options. We can trudge through on our own, doing our best to figure it all out. Or, we can walk with God. As in, learn to hear his voice. Really. We can live life with God. He offers to speak to us and guide us. Every day. It is an incredible offer. To accept that offer is to enter into an adventure filled with joy and risk, transformation and breakthrough. And more clarity than we ever thought possible.

Captivating Guided Journal Revised

Edition Thomas Nelson

We all need to believe in radical hope; that our lives can be fuller, our relationships can be stronger, and our futures are bright. This 365-day devotional, by New York Times bestselling author John Eldredge, will guide you through a year of healing, restoration, and renewal. Each day, Eldredge shares a timeless Bible verse, a thoughtful devotion, and a closing prayer to encourage and uplift you as you go about your day with optimism and peace. Inspired by Eldredge's bestsellers *Wild at Heart*, *Captivating*, *Fathered by God*, and more, *Restoration Year* will equip you to pursue lasting transformation in your relationships, in your spirit, and in your faith. As you read your way through *Restoration Year*,

you'll find your hope ignited as you learn how to: Refuel and sustain your friendships Deepen your empathy and connection to your community Reignite a passion for your Creator Renew your joy Understand the future that God has planned for you Let this year be your restoration year!

Walking with God Hachette UK

New York Times bestselling author John Eldredge guides readers through a simple daily practice that will help them find the connection to God and small moments of peace during busy days that they crave. We live in world filled with endless distractions, a news cycle that never takes a break, and the constant demands of daily life such as work, family, friends, and community. Most people find themselves feeling like

there's no margin, no time to sit and reflect on what matters most or connect with God, and even though they desperately crave a few minutes of peace, they don't know how to slow down or change course. John Eldredge has seen and felt the toll that constant busyness has, and he created the wildly successful One Minute Pause app that 180,000 users have described as a "rescue" during difficult times. Now, in *The One Minute Pause Journal*, he goes a step further and helps readers begin a daily habit of intentional stopping and reflecting that has the potential to change the course of their lives and their relationship with their heavenly Father. This ninety-day guided journal includes an extended introduction that will help explain the practice, both theologically

and practically, so that readers can get the most out of the experience and truly understand how it works. Each entry features a regular set of morning and evening prompts, scripture, prayers, and journaling space that will encourage readers to release everything to God and restore their union with him; give guidance on how to invite God more fully into our lives; and provide space to reflect on daily life and prioritize what matters most. The One Minute Pause Journal offers a simple daily practice that will help readers connect with God and find those small moments to reflect and relax.

[Captivating Heart to Heart Participant's Guide](#) Thomas Nelson

The bestselling book that has revolutionized the lives of millions of

men, revised and expanded. John Eldredge has revised and expanded his phenomenal bestseller, *Wild at Heart*, and invites men to become most complete selves by: recovering their masculine heart; seeing themselves in the image of a passionate God; and delighting in the strength and wildness that they were created to offer. In this life-changing book, John Eldredge provides a look inside the true heart of a man and gives men permission to be what God designed them to be—dangerous, passionate, alive, and free. *The Way of the Wild Heart* W Publishing Group

In all your boyhood dreams of growing up, did you dream of being a "nice guy"? Eldredge believes that every man longs for a battle to fight, an adventure to live,



and a beauty to rescue. That is how he bears the image of God; that is what God made him to be.

**Captivating** Thomas Nelson

This journal is for those who are hungry for more. The Captivating Guided Journal is designed to complement your reading of Captivating – there is one chapter in the journal for every one of the twelve chapters in the book. Using this journal means you’re hungry for more. More of Jesus, more healing, more restoration, and more transformation into the woman you were created to be. You even get more in the journal itself! The “Windows to the Heart” and “Lifting the Veil” sections feature special features and excerpts from other books and movies that you won’t find in the companion book. By the way, this is not your normal

“workbook.” There are no wrong answers. No fill-in-the-blanks. You don’t have to struggle or worry about “getting it right.” Who wants another workbook anyway? We have enough work to do already. Besides, calling this a workbook would imply that the messages in the book Captivating are to be mastered. And mastered in a measurable way. Not at all. The messages in the book are to be pondered, considered. Some embraced. Some practiced. Some set aside for a later time. In this journal you will experience... Excerpts from the companion book, Captivating Guided prayers “Windows to Your Heart” – insights from movies, books, and music “Lifting the Veil” – an activity or exercise to try Journaling prompts correlating to each section of the chapter in the book

This journal is for your heart. Engaging with it says that you are willing to take a journey of discovery with him. You have said “yes” to God. You are continuing to say “yes.” May he meet you in the deep places of your heart and bring you hope,

courage, healing, and the delights of intimacy that only God can bring. Designed for use with Captivating: Unveiling the Mystery of a Woman's Soul (9781400225286), sold separately.