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# The Sacred Enneagram Finding Your Unique Path To S

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Self to Lose, Self to Find  
King, Warrior, Magician, Lover  
The Visual Enneagram  
Enneagram Type 8  
Friendship at the Margins  
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The Sacred Enneagram  
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Spiritual Rhythms for the Enneagram  
The Heart of Centering Prayer  
Learning to Speak God from Scratch  
The Enneagram for Black Liberation  
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Mirror for the Soul  
Millenneagram  
The Essential Enneagram  
The Spiritual Dimension of the Enneagram  
The Honest Enneagram

*The Sacred Enneagram  
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## **MYLA HAILEY**

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Self to Lose, Self to Find InterVarsity Press  
Discover the growth that's possible when we understand our authentic selves as God intended by exploring more deeply the Enneagram tool, paired with profound scriptural insights. "This book is a gem. It's one of the top five books I recommend on the Enneagram."—Ian Morgan Cron, author of *The Road Back to You* "An

accessible, biblical and practical roadmap for anyone who wants to live fully into their true, authentic, God-given identity. I highly recommend it!"—Brenda Salter McNeil, author of *Becoming Brave* The Enneagram—a system of nine interconnected personality types—has been developed over many years to offer opportunities for personal development and provide a foundation for understanding others. Now a certified Enneagram coach shows how a scriptural perspective can lead us to a path of freedom. In *Self to Lose, Self to Find*,

Marilyn Vancil unpacks our human dilemma, sets the scriptural foundation, explores the nine Enneagram personalities, and shows us practical ways to have a more meaningful life and healthier relationships. At its best, the Enneagram doesn't merely describe who we are, but shows us why we do what we do. It invites us to see the innate gifts and inclinations of our original design—the person we were before trials and traumas began to shape us. It also reveals the strategies and false narratives that keep us from becoming who we're truly meant

to be. Vancil offers a compelling biblical case for the Enneagram by drawing from John 12:24, which describes how we, like seeds, construct a protective coat that helps us survive in a world where we encounter challenges and insecurities. But for us to truly live a fruitful life, we must allow the protective coat to soften and fall away in order to grow. This is what sets Vancil apart as both a seasoned Enneagram expert and a spiritual director: Within a scriptural context, she demonstrates how the Enneagram can be a vehicle for growth and transformation by laying out the realities of each Enneagram type, affirming the inherent genius of each type, showcasing the unhealthy tendencies of each type's false self, and illuminating the undeniable path to freedom for each one. Combining rich biblical wisdom with Enneagram wisdom and real-life experiences, this compelling resource is a must for anyone who longs for a happier, freer life.

*King, Warrior, Magician, Lover* Harper Collins

The Enneagram opens a remarkable window into the truth about us, but simply diagnosing our number doesn't do justice

to who we are. Transformation happens as we grow in awareness and learn how to apply Enneagram insights to the rhythms of our daily lives. Filled with exercises to engage, challenge, encourage, and sustain, this handbook will help us grow in greater awareness and lead us to spiritual and relational transformation.

*The Visual Enneagram* HarperChristian + ORM

Unlock your inner potential with the enneagram. The enneagram, a personality assessment tool with sacred roots, offers an opportunity to improve your life and relationships through self-awareness and understanding of others. Based on nine core personality types, the enneagram reveals how your personality type and its associated traits can influence your relationships, work habits, and goals. With simple explanations and illustrations, Enneagram Empowerment gives you the tools to transform. • Identify your enneagram type • Learn about the defining characteristics of each type • Find out how your personality traits can influence your daily habits and interactions • Discover how to embrace the strengths of your type and overcome

your weaknesses • Improve your relationships by deepening your understanding of others

**Enneagram Type 8** Shambhala Publications

The best-selling author of *The Wisdom of Jesus* and *The Meaning of Mary Magdalene* demystifies the popular Christian meditation method rooted in contemplative prayer. Centering Prayer is the path to a wonderful and radical new way of seeing the world. It is not, as is sometimes thought, simply an act of devotional piety, nor is it simply a Christianized form of other meditation methods. Cynthia Bourgeault here cuts through the misconceptions to show that Centering Prayer is in fact a pioneering development within the Christian contemplative tradition. She provides a practical, complete course in the practice and then goes deeper to analyze what actually happens in Centering Prayer: the mind effectively switches to a new operating system that makes possible the perception of nonduality. With this understanding in place, she then takes us on a journey through one of the sources of the practice, the Christian contemplative

classic *The Cloud of Unknowing*, revealing it to be among the earliest Christian explorations of the phenomenology of consciousness. Cynthia Bourgeault's illumination of the Centering Prayer path provides compelling evidence of how important the practice has become in the half-century since it first arose among American Trappist monks, and of its maturation and refinement over the ensuing years of sincere study and practice. It will resonate with beginners on the Centering Prayer path as well as with seasoned practitioners.

Friendship at the Margins Convergent Books

The bestselling, widely heralded, Jungian introduction to the psychological foundation of a mature, authentic, and revitalized masculinity. Redefining age-old concepts of masculinity, Jungian analysts Robert Moore and Douglas Gillette make the argument that mature masculinity is not abusive or domineering, but generative, creative, and empowering of the self and others. Moore and Gillette clearly define the four mature male archetypes that stand out through myth and literature across history: the king (the

energy of just and creative ordering), the warrior (the energy of aggressive but nonviolent action), the magician (the energy of initiation and transformation), and the lover (the energy that connects one to others and the world), as well as the four immature patterns that interfere with masculine potential (divine child, oedipal child, trickster and hero). *King, Warrior, Magician, Lover* is an exploratory journey that will help men and women reimagine and deepen their understanding of the masculine psyche.

**The Adult Chair** Penguin

Join over 1 million other readers worldwide on a journey into self-awareness, compassion for others, and love for God. With wit, wisdom, and storytelling, Ian Morgan Cron and Suzanne Stabile introduce the ancient personality typing system, the Enneagram, and explore its insights into spirituality, relationships, and self-knowledge.

Facets of Unity Harper Collins

The Enneagram Collection is for anyone who wants to have a deeper understanding of their Enneagram type. *The Enneagram Type 1: The Moral Perfectionist* is an interactive book that

focuses on those who have a core desire to have integrity and to be good, balanced, accurate, virtuous, and right. The book explores the unique motivations, longings, strengths, and weaknesses of a Type 1. *The Enneagram Type 1: The Moral Perfectionist* is a great self-assessment resource for all spheres of life, including: Personal and professional relationships Faith communities Students and even pop culture Author Beth McCord teaches readers how to transform self-limiting behaviors into life-enhancing personal empowerment. Books from The Enneagram Collection are great for anyone newly interested in the Enneagram or longtime Enneagram enthusiasts. Inside readers will find: Space to journal about their uniqueness, goals for inner stability, and ideals for achieving peace of mind Teachings about the strengths, challenges, and opportunities that a Type 1 needs in order to build a more meaningful life, lasting relationships, and a deeper understanding of God and one's self This ancient personality typing system identifies nine types of people and how they relate to one another. The system helps people discover what motivates

them, their fears, and how best to interact with others. Not a Type 1 or want to learn about the other Enneagram types? Check out the rest of The Enneagram Collection by Enneagram coach, author, and speaker Beth McCord.

**The Sacred Enneagram** Simon and Schuster

An approachable self-help guide using a popular model of the human mind to analyze behavior patterns for self-compassion and personal success. The Enneagram personality system consists of a spectrum of nine personality types. Based on the hit Instagram account, @enneagramandcoffee, this book is an introduction to the Enneagram itself, along with information about each type. Written in the conversational tone of your best friend and containing beautiful illustrations, *The Honest Enneagram* is an accessible and engaging guide for new and seasoned Enneagram fans.

**The Sacred Enneagram Workbook** HarperCollins

Chris Heuertz, international director of Word Made Flesh, and theologian and ethicist Christine Pohl show how friendship is a Christian vocation that can bring

reconciliation and healing to our broken world. They contend that unlikely friendships are at the center of an alternative paradigm for mission, where people are not objectified as potential converts but encountered in a relationship of mutuality and reciprocity.

*Mindful Silence* HarperChristian + ORM

Whether you are looking to discover your type for the first time or take a deeper dive into your identity, *The Sacred Enneagram Workbook* is designed to help you grow in your spiritual life through the understanding of your Enneagram type. Most of us spend a lifetime trying to figure out who we are and how we relate to others and God. This task is far from easy, yet the Enneagram offers a bright path to cutting through the internal clutter and finding our way back to who we are created to be. And *The Sacred Enneagram Workbook* creates the reflective space necessary to map your way home. Join international Enneagram teacher Chris Heuertz in this interactive companion to the bestselling *The Sacred Enneagram* to discover: Where you find yourself in the Enneagram's nine type profiles, and how to make sense of testing results How to

move beyond counterproductive caricatures of your type toward true growth Tools and practices for breaking out of your greatest emotional, interpersonal, and spiritual challenges And ultimately, your type's unique invitation and path toward a deeper journey with God

[The Enneagram for Spiritual Formation](#) InterVarsity Press

*The Enneagram Personality Typing System* made easy and fun! Here are all nine types of the Enneagram, beautifully illustrated with rich and vibrant drawings. A quick read, this book is the perfect introduction for those new to the Enneagram. Each page of text is paired with colorful graphics that explain the concepts of the Enneagram in a fun and friendly way. Ideal for those who learn visually!

[Awareness to Action](#) Zondervan

*The Enneagram* is like a mirror, reflecting dimensions of ourselves that are sometimes hard to see. In this helpful guide, spiritual director and Enneagram teacher Alice Fryling offers an introduction to each number of the Enneagram, with questions and meditations to lead you into

deeper self-awareness and reveal how you can experience God's love more abundantly.

Enneagram Type 1 Createspace Independent Publishing Platform

HISTORY'S MOST POWERFUL ANCIENT SYSTEM FOR STRENGTHENING YOUR RELATIONSHIPS Rouse your spirit, connect with others, and live a happier life! Your customers will love this lifechanging book! Have you ever heard of the Enneagram? This ancient system separates every human being into 1 of 9 distinct personality types, empowering us to use the content of our character to understand ourselves AND those around us. This is the ONLY way to TRULY awaken your soul, grow spiritually, and build healthy relationships with others. UNLOCK THE MYSTERIES OF THE ENNEAGRAM The Enneagram was designed and created by some of history's greatest minds. Now that it's been rediscovered, you too can tap into its historical power to grow personally, professionally, spiritually, and emotionally. THIS IS MORE THAN A BOOK... Once you know your personality and traits, fears, motivations, and psychological triggers, you'll be empowered to cut through your

weaknesses, embrace your strengths, and build the great life you've always wanted. Simplify a complex ancient system Embrace your personality, don't try to change it! Become more productive at work Strengthen your relationships with important people in your life Discover things you never knew about yourself Wake up every morning with purpose And so much more! READY TO DISCOVER WHO YOU REALLY ARE? Could your customers be next? GET YOUR COPIES NOW! *Enneagram II* InterVarsity Press The hallmarks of contemplative spirituality—solitude, silence, and stillness—have never been more important for our fast-paced society. Filled with insights and wisdom from personal experiences, Phileena Heuertz introduces us to themes and teachers of contemplative spirituality, as well as several prayer practices, and invites us to greater healing and wholeness by learning to practice faith through prayer. The Road Back to You Andrews McMeel Publishing "Chichi Agorom's voice is a part of the reckoning that has been needed in the culture of the Enneagram. Writing with

clarity and heart, [this book] is an offering to our collective liberation." □Renée Rosario, MA, LPC, Core Faculty member of the Narrative Enneagram Am I worthy of belonging? Am I loved just as I am? Am I safe to exist without worry? How do Black women return to our truest selves in systems that answer "no" to these three questions? The Enneagram is an ancient system of human development that shows us the limiting stories that keep us stuck in unhelpful patterns, and invites us into more expansive stories. For too long, conversations about the Enneagram and its personality types have been centered on and by whiteness. In *The Enneagram for Black Liberation*, certified Enneagram teacher and trained psychotherapist Chichi Agorom reclaims the Enneagram as a powerful tool for Black women to rediscover our wholeness and worth that existed long before systems of supremacy told us we weren't enough. For Black women in particular, our Enneagram personality types reflect more than just our way of being in the world; they are shaped by armor that we use to protect ourselves from pain, suffering, and shame. Breaking down each Enneagram type as a

form of armor, this book offers practices to help Black women, and all who live on the margins, begin to build a sense of self separate from our mechanisms of self-protection, while working to dismantle the systems that require us to stay constantly armored up. Chichi Agorom takes readers through each of the nine Enneagram types, along with stories of Black women who identify with them, to illustrate the stories people must tell themselves in order to feel safe. In the process, Agorom seeks to inspire us to expand beyond our type patterns. Centering freedom, ease, and rest for Black women, Agorom invites each of us to claim the Enneagram as our tool for resilience-building in the continued fight for liberation.

**Sacred Pathways** Michelle Chalfant Sacred Pathways reveals nine distinct spiritual temperaments--and their strengths, weaknesses, and tendencies--to help you improve your spiritual life and deepen your personal walk with God. It's time to strip away the frustration of a one-size-fits-all spirituality and discover a path of worship that frees you to be you. Experienced spiritual directors, pastors, and church leaders recognize that all of us

engage with God differently, and it's about time we do too. In this updated and expanded edition of Sacred Pathways, Gary Thomas details nine spiritual temperaments and--like the Enneagram and other tools do with personality--encourages you to investigate the ways you most naturally express yourself in your relationship with God. He encourages you to dig into the traits, strengths, and pitfalls in your devotional approach so you can eliminate the barriers that keep you locked into rigid methods of worship and praise. Plus, as you begin to identify and understand your own temperament, you'll soon learn about the temperaments that aren't necessarily "you" but that may help you understand the spiritual tendencies of friends, family, and others around you. Whatever temperament or blend of temperaments best describes you, rest assured it's not by accident. It's by the design of a Creator who knew what he was doing when he made you according to his own unique intentions. If your spiritual walk is not what you'd like it to be, you can change that, starting here. Sacred Pathways will show you the route you were made to travel, marked by growth

and filled with the riches of a close walk with God. A Sacred Pathways video Bible study is also available for group or individual use, sold separately.

**Enneagram** Gracewing Publishing For the Enneagram enthusiast looking to deepen their transformation, The Enneagram of Belonging offers an enlightening, enriching path forward. eBook EXCLUSIVE: 45+ COLOR illustrations to provide greater depth of understanding. Many have discovered the Enneagram to be a powerful tool for self-understanding, yet knowing ourselves doesn't necessarily mean we accept ourselves. Most of us tend to curate the personality of our type: leading with the traits we perceive as positive and sidelining the traits that cause us shame. But what if it all belonged? Rather than furthering our own fragmentation, what if we dared to make peace with the whole of who we are with bold compassion? The Enneagram of Belonging is your guide to this essential journey. While most contemporary Enneagram books stop at the descriptions of the nine types, Enneagram teacher and The Sacred Enneagram bestselling author Chris

Heuertz uncovers the missing link in our journey of living into our true self: radical self-compassion that can bring us back to belonging. Rather than get stuck on stereotypes or curated personality, Heuertz proposes we develop an honest relationship with our type, confronting our "inner dragons," practicing self-compassion, and thereby coming to fully belong to ourselves--and, ultimately, to love itself. In this in-depth examination of the Enneagram of Personality, you will discover: A fresh, compassionate way of understanding your childhood wound, which Heuertz reframes as your Kidlife Crisis Your unique subtype and how this colors your dominant type, plus how to work with your Enneagram instinct Practical insight to help you find freedom from your type's Passions and Fixations Your personalized path back to belonging, as you come home to your true self . . . and much more. As a masterful mapmaker and trailblazer of grace, Heuertz casts a vision for how we can create a better world. The truth is how we treat ourselves is how we treat others, so let's start with compassion, and let this outflow into our relationships, communities, and world.

The Sacred Enneagram Broadleaf Books  
It would be impossible for most of us to spend a day without coming into direct or indirect contact with dozens of people family, friends, people in the street, at the office, on television, in our fantasies and fears. Our relationships with others are the most changeable, infuriating, pleasurable and mystifying elements in our lives. Personality types, based on the ancient system of the Enneagram, will help you to enjoy more satisfying and fulfilling relationships in all areas of your life by introducing you to the nine basic personality types inherent in human nature. This knowledge will help you better understand how others think and why they behave as they do, as well as increasing your awareness of your own individual personality. Written by the leading world authority on the Enneagram, it offers a framework for understanding ourselves and those around us, as well as a wealth of practical insights for anyone interested in psychology, counselling, teaching, social work, journalism and personal management.

**The Enneagram of Belonging**  
InterVarsity Press

How do we understand the motivations and dynamics of the different personality types we see in our intimate partners, our friends, or in our professional lives? This book from Suzanne Stabile on the nine Enneagram types and how they experience relationships will guide readers into deeper insights about themselves, their types, and others' personalities so that they can have loving, mature, and compassionate relationships.

*The Sacred Enneagram* Harper Collins  
Sacred Pathways reveals nine distinct spiritual temperaments--and their strengths, weaknesses, and tendencies--to help you improve your spiritual life and deepen your personal walk with God. It's time to strip away the frustration of a one-size-fits-all spirituality and discover a path of worship that frees you to be you. Experienced spiritual directors, pastors, and church leaders recognize that all of us engage with God differently, and it's about time we do too. In this updated and expanded edition of Sacred Pathways, Gary Thomas details nine spiritual temperaments and--like the Enneagram and other tools do with personality--encourages you to investigate the ways



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soon learn about the temperaments that aren't necessarily "you" but that may help you understand the spiritual tendencies of friends, family, and others around you. Whatever temperament or blend of temperaments best describes you, rest assured it's not by accident. It's by the design of a Creator who knew what he was

doing when he made you according to his own unique intentions. If your spiritual walk is not what you'd like it to be, you can change that, starting here. Sacred Pathways will show you the route you were made to travel, marked by growth and filled with the riches of a close walk with God.