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# The Confidence Code For Girls Taking Risks Messin

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Nice Girls Don't Get the Corner Office  
Brand New School, Brave New Ruby (Ruby and  
the Booker Boys #1)  
Nineteen eighty-four  
The Confidence Code for Girls  
The Body Image Book for Girls  
The Fix  
The Girls' Book of Secrets  
Anxiety-Free Kids  
Girl Code Revolution  
Girls Without Limits  
Book by Book  
Push  
Stand Up for Yourself and Your Friends  
Superpowered  
Womenomics  
The Girl Guide  
No More Mean Girls  
The Confidence Code for Girls Journal  
Good Night Stories for Rebel Girls  
Wowsdom! the Girl's Guide to the Positive and  
the Possible  
Living the Confidence Code  
Black Girls CODE the Future Coloring Book

Raising Confident Girls  
The Confidence Effect  
Girl Code  
Brave Beauty  
Girl Code  
The Girls' Guide to Growth Mindset  
This Side of Paradise  
Under Pressure  
Operation Breaking the Girl Code  
Girls Who Run the World: 31 CEOs Who Mean  
Business  
The Confidence Code  
The Pocket Daring Book for Girls  
Enough as She Is  
The Things They Carried  
Womenomics  
Raise Your Hand  
Confidence Culture  
Which Side of History?

*The  
Confidence  
Code For  
Girls  
Taking  
Risks  
Messin*  
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## **PRECIOUS GIADA**

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*Nice Girls  
Don't Get the  
Corner Office*  
HarperCollins  
The perfect

graduation gift  
for future  
entrepreneurs  
! Part  
biography,  
part business  
how-to, and  
fully  
empowering,  
this book  
shows that  
you're never

too young to  
dream BIG!  
With colorful  
portraits, fun  
interviews and  
DIY tips, *Girls  
Who Run the  
World* features  
the success  
stories of 31  
leading ladies  
today of

companies  
like Rent the  
Runway,  
PopSugar, and  
Soul Cycle.  
Girls run  
biotech  
companies.  
Girls run  
online fashion  
sites. Girls run  
environmental  
enterprises.  
They are  
creative. They  
are inventive.  
They mean  
business. Girls  
run the world.  
This collection  
gives girls of  
all ages the  
tools they  
need to follow  
their passions,  
turn ideas into  
reality and  
break barriers  
in the  
business  
world.  
INCLUDES:

Jenn Hyman,  
Rent the  
Runway Sara  
Blakely, Spanx  
Emma Mcilroy,  
Wildfang  
Katrina Lake,  
Stitch Fix  
Natasha Case,  
Coolhaus  
Diane  
Campbell, The  
Candy Store  
Kara Goldin,  
Hint Water  
Anne Wojcicki,  
23andMe  
Rachel  
Haurwitz,  
Caribou  
Bioscience  
Nina Tandon,  
EpiBone  
Jessica  
Matthews,  
Uncharted  
Power Jane  
Chen,  
Embrace  
Emily Núñez  
Cavness,  
Sword &

Plough  
Hannah  
Lavon, Pals  
Leslie  
Blodgett, Bare  
Escentuals/Bar  
e Minerals  
Katia  
Beauchamp,  
Birchbox  
Emily Weiss,  
Glossier  
Christina  
Stembel,  
Farmgirl  
Flowers  
Mariam  
Naficy, Minted  
Maci Peterson,  
On Second  
Thought  
Stephanie  
Lampkin,  
Blendoor  
Sarah Leary,  
Nextdoor  
Amber Venz,  
RewardStyle  
Lisa Sugar,  
Pop Sugar  
Beatriz  
Acevedo, MiTu

network Julie Rice and Elizabeth Cutler, Soul Cycle Suzy Batiz, Poo-Pourri Tina Sharkey, Brandless Jesse Genet, Lumi Tracy Young, Plan Grid Brand New School, Brave New Ruby (Ruby and the Booker Boys #1) Mascot Books  
This accessible book from American Girl helps young readers gain the tools to recognize and handle bullying. Includes wise words to use

with bullies, smart ways to ignore them, solid advice on getting an adult's help when needed, and advice from real girls who have been in similar situations. Nineteen eighty-four HarperCollins A New York Public Library Best Book of 2017 Perfect for aspiring coders everywhere, Girl Code is the story of two teenage tech phenoms who met at Girls Who Code summer camp, teamed up to create a viral video

game, and ended up becoming world famous. The book also includes bonus content to help you start coding! Fans of funny and inspiring books like Maya Van Wagenen's Popular and Caroline Paul's Gutsy Girl will love hearing about Andrea "Andy" Gonzales and Sophie Houser's journey from average teens to powerhouses. Through the success of their video game, Andy and Sophie

got unprecedented access to some of the biggest start-ups and tech companies, and now they're sharing what they've seen. Their video game and their commitment to inspiring young women have been covered by the Huffington Post, BuzzFeed, CNN, Teen Vogue, Jezebel, the Today show, and many more. Get ready for an inside look at the tech industry, the

true power of coding, and some of the amazing women who are shaping the world. Andy and Sophie reveal not only what they've learned about opportunities in science and technology but also the true value of discovering your own voice and creativity. A Junior Library Guild selection A Children's Book Council Best STEM Trade Book for Students K-12  
**The Confidence Code for Girls**

Rockridge Press  
It is worrying to think that most girls feel dissatisfied with their bodies, and that this can lead to serious problems including depression and eating disorders. Can some of those body image worries be eased? Body image expert and psychology professor Dr Charlotte Markey helps girls aged 9-15 to understand, accept, and appreciate their bodies. She provides

all the facts on puberty, mental health, self-care, why diets are bad news, dealing with social media, and everything in-between. Girls will find answers to questions they always wanted to ask, the truth behind many body image myths, and real-life stories from girls who share their own experiences. Through this easy-to-read and beautifully illustrated guide, Dr Markey

teaches girls how to nurture both mental and physical health to improve their own body image, shows the positive impact they can have on others, and enables them to go out into the world feeling fearless!

**The Body Image Book for Girls**

Simon Element / Simon Acumen  
100 courage-building moments to help girls 8-12 explore who they are, easing their fears and

anxiety, while inspiring them to strive towards the woman they want to be through this exciting yet confusing season of change. From Proverbs 31 Ministries speaker and blogger, Lynn Cowell, comes Faithgirlz' Brave Beauty: Finding the Fearless You. These 100 motivating moments guide tween girls to reflect on Scripture and find confidence in God, rather than in someone, some place, or

some thing, as pop culture is already telling them. Throughout these pages—formatted as theme-based mini chapters that can be read once a day, once a week, or at the reader’s own pace—Lynn prepares tween girls to: Overcome confidence-defeating thoughts and stand on who Jesus says she is. Build a strong foundation to face the fickle, sometimes hurtful opinions of others. Find

approval of herself even when she lacks the acceptance of others. Walk confidently through the exciting, yet scary world of growing up by turning to Christ step by step. Featuring a gorgeous, foil decorated hardcover and beautifully formatted pages modeled after the well-known and loved Faithgirlz brand of books, Lynn’s relatable, conversational tone makes it easy for girls

to feel like they’re in a safe place spending time with a close friend. The Fix Millbrook Press You are not alone. Finally, here is a book that gets to the heart of what professional women want. You’ve probably been loath to admit it, but like most of us, you have had enough of the sixty-hour workweeks, the day-care dash, and the vacations that never get taken. You don’t want to

quit, you want to work—but on your own terms and in ways that make it possible to have a life as well. Women have power. In *Womenomics*, journalists Shipman and Kay deal in facts, not stereotypes, providing a fresh perspective on the largely hidden power that women have in today's marketplace. Why? Companies with more women managers are more profitable.

Women do more of the buying. A talent shortage looms. Younger generations want to work flexibly, too. It all adds up to a workplace revolution that is great news for professional women—not to mention men and businesses as well. As Brenda Barnes, CEO of Sara Lee, notes: "Companies need to recognize that this kind of flexibility offers employees the

ability to manage and balance their own careers and lives, which in turn improves productivity and employee morale." This new way of thinking and working is all the more valuable in a recession, as companies begin offering flexible schedules, four-day workweeks, and extended vacations as a way to avoid layoffs, save costs, and still reward employees. It is personal. *Womenomics* does more



than marshal the evidence of this historic shift. It also shows women how to redefine success, be productive, and build satisfying careers that don't require an all-or-nothing lifestyle. Most appealing are the candid personal anecdotes from Shipman's and Kay's own experiences and the stories they have gathered from professional women around the country who

are coping with the same issues. It is possible. Shipman and Kay don't waste time on what women can't do or can't have. Instead, they show women how to chart an empowering, exhilarating course to a richer life. Inspiring, practical, and persuasive, *Womenomics* offers a groundbreaking blueprint for changing the way you live and work—with advice, guidance, and fact-based

support that proves you don't have to do it all to have it all. *The Girls' Book of Secrets* Penguin  
A classic work of American literature that has not stopped changing minds and lives since it burst onto the literary scene, *The Things They Carried* is a groundbreaking meditation on war, memory, imagination, and the redemptive power of storytelling. *The Things They Carried*

depicts the men of Alpha Company: Jimmy Cross, Henry Dobbins, Rat Kiley, Mitchell Sanders, Norman Bowker, Kiowa, and the character Tim O'Brien, who has survived his tour in Vietnam to become a father and writer at the age of forty-three. Taught everywhere—from high school classrooms to graduate seminars in creative writing—it has become required

reading for any American and continues to challenge readers in their perceptions of fact and fiction, war and peace, courage and fear and longing. *The Things They Carried* won France's prestigious Prix du Meilleur Livre Etranger and the Chicago Tribune Heartland Prize; it was also a finalist for the Pulitzer Prize and the National Book Critics Circle Award. *Anxiety-Free Kids Seal*

Press  
*This Side of Paradise* is a novel about post-World War I youth and their morality. Amory Blaine is a young Princeton University student with an attractive face and an interest in literature. His greed and desire for social status warp the theme of love weaving through the story. *Girl Code Revolution* Ballantine Books  
 A courageous and determined

young teacher opens up a new world of hope and redemption for sixteen-year-old Precious Jones, an abused young African American girl living in Harlem who was raped and left pregnant by her father. Girls Without Limits Chronicle Books Women around the world have responded to Cara Alwill Leyba's Girl Code with a resounding YES. Companies like Kate

Spade and Macy's have brought her in to teach "the Code." Inc. magazine named Girl Code one of the "Top 9 Inspiring Books Every Female Entrepreneur Should Read" alongside Lean In, #Girlboss, and Thrive. A few years ago, I made a crazy claim in the first edition of Girl Code: that in today's competitive marketplace, the fiercest thing a female entrepreneur can do is to support other women.

Something dynamic happens when women genuinely show up for each other. When we lose the facades, cut the bullsh\*t, and truly have each other's backs. When we stop pretending everything is perfect, and show the messy, beautiful parts of ourselves and our work—which all look awfully similar. When we talk about our fears, our missteps, and our breakdowns. And most

importantly, when we share our celebrations, our breakthroughs, and our solutions. I'm convinced that there's no reason to hoard information, connections, or insight. Wisdom is meant to be shared, so let's start sharing what we've learned to make each other better. Let's start building each other up. Let's live up to our potential and start ruling the world. *Girl Code* is a roadmap for

female entrepreneurs, professional women, "side hustlers" (those with a day job plus a part-time small business), and anyone in between. This book won't teach you how to build a multimillion-dollar company. It won't teach you about systems or finance. But it will teach you how to build confidence in yourself, reconnect with your "why," eradicate jealousy, and ultimately

learn the power of connection. Because at the end of the day, that's what life and business are all about. *Book by Book* HarperCollins Presents one hundred guidelines for instilling confidence in girls, each with parent- and teacher-specific suggestions, covering such topics as meeting needs, responding to setbacks, and supporting personal growth. *Push* Random House Books

for Young Readers In this Queen Bees and Wannabes for the elementary and middle school set, child and adolescent psychotherapist Katie Hurley shows parents of young girls how to nip mean girl behavior in the bud. Once upon a time, mean girls primarily existed in high school, while elementary school-aged girls spent hours at play and enjoyed friendships without much drama. But in

this fast-paced world in which young girls are exposed to negative behaviors on TV and social media from the moment they enter school, they are also becoming caught up in social hierarchies much earlier. No More Mean Girls is a guide for parents to help their young daughters navigate tricky territories such as friendship building, creating an authentic self, standing up

for themselves and others, and expressing themselves in a healthy way. The need to be liked by others certainly isn't new, but this generation of girls is growing up in an age when the "like" button shows the world just how well-liked they are. When girls acknowledge that they possess positive traits that make them interesting, strong, and likeable, however, the

focus shifts and their self-confidence soars; "likes" lose their importance. This book offers actionable steps to help parents empower young girls to be kind, confident leaders who work together and build each other up. *Stand Up for Yourself and Your Friends* Harper Collins "A valuable primer on this moment where humans are deciding how much power over their lives they give to

monopolies and algorithms." —DAVE EGGERS, bestselling author of *The Circle Which Side of History?* offers a collection of bold essays on how technology is affecting democracy, society, and our future. Featuring prominent national voices such as Sacha Baron Cohen, Marc Benioff, Ellen Pao, Ken Auletta, Chelsea Clinton, Tim Wu, Khaled Hosseini, Nicholas

Kristof and Sheryl WuDunn, Jaron Lanier, Willow Bay, Sal Khan, Sherry Turkle, Shoshana Zuboff, Vivek Murthy, Geoffrey Canada, and many more. The essays focus on the extraordinary impact of technology on our privacy, kids and families, race and gender roles, democracy, climate change, and mental health. This groundbreaking book challenges opinion

leaders and the broader public to take action to improve technology's effects on our lives. • Featuring notable journalists, engineers, entrepreneurs, novelists, activists, filmmakers, business leaders, scholars, and researchers, including: Thomas Friedman, Kara Swisher, Michelle Alexander, Jennifer Siebel Newsom, Jenna Wortham, Cameron Kasky, Howard

Gardner, and Tristan Harris. • Explores the ethical behavior of Big Tech, or the lack thereof. • Offers roadmaps for constructive change and thought-provoking perspectives. With the rise of cyberbullying and hate speech online, issues around climate change and technology, and the "move fast and break things" mentality of tech culture, Which Side of History? will urge readers

to draw the line. • This book will help shape the conversations we have around technology in our society and our future for years to come. • A smart book for anyone who approaches tech and the future with a healthy skepticism • Edited by James P. Steyer, the CEO and founder of Common Sense Media. • Add it to the shelf with books like Ten Arguments for Deleting Your Social Media

Accounts Right Now by Jaron Lanier, The Shallows: What the Internet Is Doing to Our Brains by Nicholas Carr, and The Age of Surveillance Capitalism: The Fight for a Human Future at the New Frontier of Power by Shoshana Zuboff. <i>Superpowered</i> HarperCollins Be the caring and positive force that girls need Social media, friendships, dating culture, academic pressures, bullying, self- concept, fear	of failure... These are just a few of the complex challenges facing adolescent girls. In a world that is changing rapidly, it can be difficult to know how to foster effective communicatio n and provide authentic support for the girls that we teach, parent, mentor, and coach. The newly updated edition of <i>Girls Without Limits</i> offers relevant insights and concrete strategies that will help you:	Understand the unique challenges girls face, including relationship troubles, social and academic pressures, disrespect and harassment, body image, academic and career choices, and becoming leaders Teach girls the skills they need to safely and confidently navigate social media and other evolving technologies Empower girls with the skills they need to establish healthy and
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supportive relationships, build a strong sense of self, and develop the confidence they need to confront negative societal expectations and make healthy, positive decisions. Combining relevant research, findings from a large-scale national survey of more than 10,000 girls, and the voices and experiences of today's adolescents, *Girls Without Limits* equips educators,

parents, school counselors, mentors, and coaches with the skills and strategies they need to build solid relationships, handle difficult conversations, and cultivate a generation of girls who are strong, capable, confident, and successful. What your colleagues have to say: "*Girls Without Limits* is the first book I recommend to anyone I know who has daughters or works with girls. It's

timely, relevant, and contains eye-opening insights for understanding their world, and is packed with practical tools and tips for engaging the girls in your life. A pivotal read, it forever put me on the path of empowering our girls to change the world around them!"  
Kaishauna Johnson, School Counselor Chino High School, CA "In this second edition, the data from Dr. Hinkelman's

research on the experiences, opinions, and behaviors of girls is combined with practical ways of engaging them on a variety of topics, from body image and confidence to healthy relationships and leadership. Readers will gain tangible ways of actually relating to girls and teaching them the skills needed to live in a world that is saturated with technology.

Girls Without Limits is a must-read for anyone who works with, educates, or parents girls!" Sibyl West, Ph.D., Associate Professor of Counselor Education and co-director of the Frederick Douglass Institute on Intercultural Research Indiana University of Pennsylvania  
**Womenomics** HarperCollins Instant New York Times Bestseller! 11-year-old Alice Paul Tapper—daughter of CNN's

Jake Tapper—is challenging girls everywhere to speak up! When Alice Tapper noticed that the girls in her class weren't participating as much as the boys, she knew she had to do something about it. With help from her Girl Scout troop and her parents, she came up with a patch that other girls could earn if they took a pledge to be more confident in school. Alice even wrote an

op-ed about the experience for the New York Times! Inspired by that piece, this picture book illustrates her determination, bravery, and unwillingness to accept the status quo. With Marta Kissi's delightful illustrations depicting Alice's story, young readers everywhere will want to follow Alice's lead and raise their hand! *The Girl Guide* Penguin  
"Is it wrong that I wanted to underline

every single word in this book? Simmons brilliantly crystallizes contemporary girls' dilemma: the way old expectations and new imperatives collide; how a narrow, virtually unattainable vision of 'success' comes at the expense of self-worth and well-being. Enough As She is a must-read."  
—Peggy Orenstein, author of *Girls & Sex From the New York Times*

bestselling author of *Odd Girl Out*, a deeply urgent book that gives adults the tools to help girls in high school and college reject "supergirl" pressure, overcome a toxic stress culture, and become resilient adults with healthy, happy, and fulfilling lives. For many girls today, the drive to achieve is fueled by brutal self-criticism and an acute fear of failure. Though young women have

never been more "successful"—outpacing boys in GPAs and college enrollment—they have also never struggled more. On the surface, girls may seem exceptional, but in reality, they are anxious and overwhelmed, feeling that, no matter how hard they try, they will never be smart enough, successful enough, pretty enough, thin enough, popular enough, or sexy enough. Rachel

Simmons has been researching young women for two decades, and her research plainly shows that girl competence does not equal girl confidence—or does it equal happiness, resilience, or self-worth. Backed by vivid case studies, Simmons warns that we have raised a generation of young women so focused on achieving that they avoid healthy risks, overthink setbacks, and

suffer from imposter syndrome, believing they are frauds. As they spend more time projecting an image of effortless perfection on social media, these girls are prone to withdraw from the essential relationships that offer solace and support and bolster self-esteem. Deeply empathetic and meticulously researched, *Enough As She Is* offers a clear understanding of this

devastating problem and provides practical parenting advice—including teaching girls self-compassion as an alternative to self-criticism, how to manage overthinking, resist the constant urge to compare themselves to peers, take healthy risks, navigate toxic elements of social media, prioritize self-care, and seek support when they need it. Enough As She Is sounds an alarm to parents and educators,	arguing that young women can do more than survive adolescence. They can thrive. Enough As She Is shows us how. <i>No More Mean Girls</i> HarperCollins Revisit old favorites and discover even more facts and stories. The perfect pocket book for any girl on a quest for knowledge. Includes New Chapters + the Best Wisdom & Wonder from The Daring Book for Girls <u>The Confidence Code for Girls</u>	<u>Journal</u> Balance Order your Black Girls CODE The Future Coloring Book Today! I made this book for you with all of my good intention and respect for who you are today and who you aspire to become! This beautiful 32-page coloring and activity book highlights 15 influential STEM pioneers, and our #futuretechbosses, and the next generation of innovators. Perfect for
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Adults and Children alike! These influential STEM pioneers include:\*  
 Timnit Gebru\*  
 Joy Buolamwini\*  
 Ayanna Howard\*  
 Mae Jemison\*  
 Katherine Johnson  
 And so many more!  
**Good Night Stories for Rebel Girls**  
 Corwin Press  
 AN INSTANT #1 NEW YORK TIMES BESTSELLER!  
 New from the New York Times, USA Today, and Wall Street Journal  
 bestselling authors of The Confidence

Code for Girls!  
 The best way to understand confidence is to see it in action. That's why bestselling authors Katty Kay, Claire Shipman, and Jill Ellyn Riley have collected 30 true stories of real girls, pursuing their passions, struggling and stumbling, but along the way figuring out how to build their own special brand of confidence. From Bali to Brazil, South Africa to Seattle, Australia to Afghanistan, these girls

took risks, doubted themselves, and sometimes failed. But they also hung in there when things got hard. Along the way they discovered what matters to them: everything from protesting contaminated water to championing inclusive books to the accessibility of girls' basketball shoes, and so much more. Different goals, different stories, different

personalities, all illustrating the multitude of ways to be confident in the world. Packed with photos, graphic novel strips, and engaging interviews, *Living the Confidence Code* proves that no matter who you are, or how old you are, nothing is out of reach when you decide to try. Join this growing global community of powerful girls and imagine—what would you like to do, once you tap into your

confidence? How will you write your story? [Wowsdom!](#) [the Girl's Guide to the Positive and the Possible](#) HarperCollins “A personal, provocative, and challenging book for career women who want less guilt, more life.” —Diane Sawyer *Womenomics*, the groundbreaking New York Times bestseller by Claire Shipman and Katty Kay, is an invaluable guide for this generation of

professional women, provide knowledgeable advice on how to “Work Less, Achieve More, Live Better.” Shipman and Kay, two TV journalists well acquainted with the stress of the workplace, describe the new economic trends that offer today’s overworked working women more professional and personal choices than ever before. At last, you no longer have to do it all to have it

all—Womeno      mics shows      you how.