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LOGAN DARIO

What is Philosophy? WWW.Snowballpublishing.com

A work powerful and pervading in its implications not only for metaphysics but also for art, political science, and the philosophy of history.

Long Road Houghton Mifflin Harcourt

Legendary leadership and elite performance expert Robin Sharma introduced The 5am Club concept over twenty years ago, based on a revolutionary morning routine that has helped his clients maximize their productivity, activate their best health and bulletproof their serenity in this age of overwhelming complexity. Now, in this life-changing book, handcrafted by the author over a rigorous four-year period, you will discover the early-rising habit that has helped so many accomplish epic results while upgrading their happiness, helpfulness and feelings of aliveness. Through an enchanting—and often amusing—story about two struggling strangers who meet an eccentric tycoon who becomes their secret mentor, The 5am Club will walk you through: How great geniuses, business titans and the world's wisest people start their mornings to produce astonishing achievements A little-known formula you can use instantly to wake up early feeling inspired, focused and flooded with a fiery drive to get the most out of each day A step-by-step method to protect the quietest hours of daybreak so you have time for exercise, self-renewal and personal growth A neuroscience-based practice proven to help make it easy to rise while most people are sleeping, giving you precious time for yourself to think, express your creativity and begin the day peacefully instead of being rushed "Insider-only" tactics to defend your gifts, talents and dreams against digital distraction and trivial diversions so you enjoy fortune, influence and a magnificent impact on the world Part manifesto for mastery, part playbook for genius-grade productivity and part companion for a life lived beautifully, The 5am Club is a work that will transform your life. Forever.

Radical Grace Mandala Publishing

Descartes' Discourse marks a watershed in European thought; in it, the author sets out in brief his radical new philosophy, which begins with a proof of the existence of the self (the famous "cogito ergo sum"). Next he deduces from it the existence and nature of God, and ends by offering a radical new account of the physical world and of human and animal nature. Written in everyday language and meant to be read by common people of the day, it swept away all previous philosophical traditions. This new translation is an ideal introduction to Descartes for the general reader. It is accompanied by a substantial introductory essay from Renaissance scholar Ian Maclean that is designed to provide in-depth historical and philosophical context. The essay draws on Descartes' correspondence to examine what brought him to write his great work, and the impact it had on his contemporaries. A detailed section of notes explain Descartes' philosophical terminology and ideas, as well as historical references and allusions. Any reader can feel comfortable diving in to this classic work of Renaissance philosophical thought.

The Purpose Driven Life Devotional for Kids

ReadHowYouWant.com

El rol de la dona en la societat ha canviat dràsticament en els últims cent anys. Les antigues regles que governaven la societat ja no són vàlides ni importants, ara que les dones participen en la creació de les noves. La qüestió és fins a quin punt el gènere encara condiciona la contribució de les dones amb la societat. Aquest llibre se centra en el gènere com a component social i com a factor en les estratègies lingüístiques emprades en els contextos relacionats amb ell. A partir d'aquestes diferents consideracions s'ha creat un nou model, en el que es distingeixen dos nivells diferents: un de situació i presentació, i un altre més important encara, que mostra com un element pot estar present en ambdós nivells. En aquest sentit, el gènere pot ser un determinant social del parlant però també un factor en la persuasió lingüística.

Meditaciones (Serie Great Ideas 12) W. W. Norton

Ideas que han cambiado el mundo. A lo largo de la historia, algunos libros han cambiado el mundo. Han transformado la manera en que nos vemos a nosotros mismos y a los demás. Han

inspirado el debate, la discordia, la guerra y la revolución. Han iluminado, indignado, provocado y consolado. Han enriquecido vidas, y también las han destruido. Taurus publica las obras de los grandes pensadores, pioneros, radicales y visionarios cuyas ideas sacudieron la civilización y nos impulsaron a ser quienes somos. Las Meditaciones del gran emperador-filósofo romano Marco Aurelio son sencillas aunque profundas obras de filosofía estoica que, a día de hoy, continúan ofreciendo a muchos orientación y consuelo con su elocuencia, sabiduría y humildad. Comentarios sobre la colección Great Ideas: «De veras que la edición es primorosa y pocas veces contenido y continente pueden encontrarse mejor ensamblados y unidos. ¡Qué portadas! Para enmarcar. [...] Ante las Great Ideas, solo cabe quitarse el sombrero. ¡Chapeau!» ABC «Taurus propone un doble envite con este lanzamiento. Por un lado aumenta su compromiso con el ensayo; por otro, recupera el gusto por la estética. A los volúmenes se les ha proporcionado una portada delicada y cuidada (copian el original británico) que invita a la lectura.» La Razón «Un fenómeno editorial.» The Guardian «Aparte de los contenidos, en general muy bien elegidos, son tan bonitos que si los ven seguro que cae alguno.» El País «Ideas revolucionarias, crónicas de exploraciones, pensamientos radicales... vuelven a la vida en estas cuidadísimas ediciones, muy atractivas para nuevos lectores.» Mujer Hoy «Grandes ideas bien envueltas. De Cicerón a Darwin, esta colección entra por los ojos.» Rolling Stone «Original y bella iniciativa la emprendida por Taurus con su colección Great Ideas.» Cambio 16 «Hay libros inmortales, libros únicos que contienen pensamientos y reflexiones capaces de cambiar el mundo, tesoros en miniatura reagrupados en la colección Great ideas.» Diario de León

Thoughts and Meditations Penguin Group

From cult comedy icon and beloved radio host Tom Scharpling, an inspiring, funny, and thoughtful memoir It Never Ends is Tom Scharpling's harrowing memoir of his coming of age, a story he has never told before. It's the heartbreaking account of his attempt at suicide, two stays in a mental hospital, and the memory-wiping electroshock therapy that saved his life. After his rehabilitation, Scharpling committed himself to reinvention

through the world of comedy. In this book he will lift the curtain on the turmoil that still follows him, despite all of his accolades and achievements. In the vein of candid memoirs from comedians like Mike Birbiglia's *Sleepwalk with Me* and Norm Macdonald's *Based on a True Story, It Never Ends* is a revealing book by a beloved comedy icon.

The Meditations Review and Herald Pub Assoc

The perfect books for the true book lover, Penguin's Great Ideas series features twelve more groundbreaking works by some of history's most prodigious thinkers. Each volume is beautifully packaged with a unique type-driven design that highlights the bookmaker's art. Offering great literature in great packages at great prices, this series is ideal for those readers who want to explore and savor the Great Ideas that have shaped our world. Inspired by the trial of a bureaucrat who helped cause the Holocaust, this radical work on the banality of evil stunned the world with its exploration of a regime's moral blindness and one man's insistence that he be absolved all guilt because he was 'only following orders'.

The Disappearance of Rituals Createspace Independent Publishing Platform

'A Mantra is a mystical energy encased in a sound structure . . . It steadies the mind and leads to the stillness of meditation.' The modern lifestyle with its excesses and worldly desires, the constant need to be connected, and the rapid development in technology, has made stress and lifestyle-related diseases the norm. The need for meditation thus is more acute. Meditation calms the mind, brings focus and enhances the senses, resulting in a better quality of life and work. And with the right Mantras, meditation becomes a highly effective tool in unleashing the immense potential within oneself. This book from the Sivananda Ashram explains what meditation and Mantras are and how they can be effectively used to recharge oneself with divine energy.

The Wisdom of the Stoics Hachette UK

Stephen Eskildsen's book offers an in-depth study of the beliefs and practices of the Quanzhen (Complete Realization) School of Taoism, the predominant school of monastic Taoism in China. The Quanzhen School was founded in the latter half of the twelfth century by the eccentric holy man Wan Zhe (1113-1170), whose work was continued by his famous disciples commonly known as the Seven Realized Ones. This study draws upon surviving texts

to examine the Quanzhen masters' approaches to mental discipline, intense asceticism, cultivation of health and longevity, mystical experience, supernormal powers, death and dying, charity and evangelism, and ritual. From these primary sources, Eskildsen provides a clear understanding of the nature of Quanzhen Taoism and reveals its core emphasis to be the cultivation of clarity and purity of mind that occurs not only through seated meditation, but also throughout the daily activities of life.

It Never Ends Simon and Schuster

Untrammelled neoliberalism and the inexorable force of production have produced a 21st century crisis of community: a narcissistic cult of authenticity and mass turning-inward are among the pathologies engendered by it. We are individuals afloat in an atomised society, where the loss of the symbolic structures inherent in ritual behaviour has led to overdependence on the contingent to steer identity. Avoiding saccharine nostalgia for the rituals of the past, Han provides a genealogy of their disappearance as a means of diagnosing the pathologies of the present. He juxtaposes a community without communication - where the intensity of togetherness in silent recognition provides structure and meaning - to today's communication without community, which does away with collective feelings and leaves individuals exposed to exploitation and manipulation by neoliberal psycho-politics. The community that is invoked everywhere today is an atrophied and commoditized community that lacks the symbolic power to bind people together. For Han, it is only the mutual praxis of recognition borne by the ritualistic sharing of the symbolic between members of a community which creates the footholds of objectivity allowing us to make sense of time. This new book by one of the most creative cultural theorists writing today will be of interest to a wide readership.

Meditations : ANNOTATED HarperCollins

Includes a translator's Introduction, selected bibliography, note on the text, glossary of technical Terms, and a biographical inde.

Self-Compassion Courier Dover Publications

Inspired By Krishnamurti S Belief That Truth Is Found Through Living, *The Book Of Life* Presents 365 Timeless Daily Meditations, Developed Thematically Over Seven Days, Illuminating The Concepts Of Freedom, Personal Transformation, Living Fully Awake And Much More. For Everyone Who Has Come To Cherish

The Wisdom Of This Extraordinary Spiritual Sage As Well As Anyone Discovering Krishnamurti For The First Time *The Book Of Life Is A Profound Collection Of Insights To Treasure Everyday.* *The Story Of Mankind Is In You, The Vast Experience, The Deep-Rooted Fears, Anxieties, Sorrow, Pleasure And All The Beliefs That Man Has Accommodated Throughout The Millennia.* You Are That Book. J. Krishnamurti

Philosophy Emerging from Culture Simon and Schuster

A deep-tissue massage in the form of a book! Excerpts from Anne Wilson Schaef's widely acclaimed bestseller, and plenty of journal pages for your own reflections. Have faith in your instincts, revel in the unexpected, laugh, and be creative. Beautifully expresses our need to take care of ourselves.

Debating Humanity Penguin

Kristin Neff, Ph.D., says that it's time to "stop beating yourself up and leave insecurity behind." *Self-Compassion: Stop Beating Yourself Up and Leave Insecurity Behind* offers expert advice on how to limit self-criticism and offset its negative effects, enabling you to achieve your highest potential and a more contented, fulfilled life. More and more, psychologists are turning away from an emphasis on self-esteem and moving toward self-compassion in the treatment of their patients—and Dr. Neff's extraordinary book offers exercises and action plans for dealing with every emotionally debilitating struggle, be it parenting, weight loss, or any of the numerous trials of everyday living.

Women Who Love Too Much Harper Collins

Discusses "loving too much" as a pattern of thoughts, feelings, and behaviors which certain women develop as a reponse to various problems in their family backgrounds.

The Daily Stoic Penguin Books India

The Purpose Driven Life Devotional for Kids is a 365-day devotional for children 8 to 12, written by Pastor Rick Warren and based upon the themes and ideas found in his bestselling book *The Purpose Driven Life*. God created each of his children with a purpose in mind ... now is the time to thoughtfully and prayerfully start the incredible journey to finding that reason. This year-long devotional will guide readers through that journey of discovery and fulfillment. *The Purpose Driven Life Devotional for Kids*: Is written especially for children ages 8-12 Includes a ribbon marker for reader convenience throughout the year Features a short message and thought for the day to help children discover who

they are in God's eyes and why God made them, as well as a daily Scripture verse. Makes the perfect gift for Christmas, Easter, birthdays, and other holidays. This daily devotional can be read individually or as a family. The devotions provide solid truths that every child should know about God's love for His children and the purpose for them.

Meditations on Quixote Zonderkidz

From the team that brought you *The Obstacle Is the Way* and *Ego Is the Enemy*, a daily devotional of Stoic meditations—an instant Wall Street Journal and USA Today Bestseller. Why have history's greatest minds—from George Washington to Frederick the Great to Ralph Waldo Emerson, along with today's top performers from Super Bowl-winning football coaches to CEOs and celebrities—embraced the wisdom of the ancient Stoics? Because they realize that the most valuable wisdom is timeless and that philosophy is for living a better life, not a classroom exercise. *The Daily Stoic* offers 366 days of Stoic insights and exercises, featuring all-new translations from the Emperor Marcus Aurelius, the playwright Seneca, or slave-turned-philosopher Epictetus, as well as lesser-known luminaries like Zeno, Cleanthes, and Musonius Rufus. Every day of the year you'll find one of their pithy, powerful quotations, as well as historical anecdotes,

provocative commentary, and a helpful glossary of Greek terms. By following these teachings over the course of a year (and, indeed, for years to come) you'll find the serenity, self-knowledge, and resilience you need to live well.

Meditaciones sobre el trabajo Review and Herald Pub Assoc
Meditations (Medieval Greek: τὰ εἰς ἑαυτόν, romanized: Ta eis heauton, literally "things to one's self") is a series of personal writings by Marcus Aurelius, Roman Emperor from 161 to 180 AD, recording his private notes to himself and ideas on Stoic philosophy. Marcus Aurelius wrote the 12 books of the *Meditations* in Koine Greek as a source for his own guidance and self-improvement. It is possible that large portions of the work were written at Sirmium, where he spent much time planning military campaigns from 170 to 180. Some of it was written while he was positioned at Aquincum on campaign in Pannonia, because internal notes tell us that the first book was written when he was campaigning against the Quadi on the river Granova (modern-day Hron) and the second book was written at Carnuntum. It is unlikely that Marcus Aurelius ever intended the writings to be published and the work has no official title, so "Meditations" is one of several titles commonly assigned to the collection. These writings take the form of quotations varying in length from one sentence

to long paragraphs.

Meditations on First Philosophy State University of New York Press

An original approach to the question 'what is a human being?', examining key ideas of leading contemporary sociologists and philosophers.

The Book of Life TAURUS

'If you want a picture of the future, imagine a boot stamping on a human face--forever.' *Nineteen Eighty-Four* (1949), George Orwell's final novel, was completed in difficult conditions shortly before his early death. It is one of the most influential and widely-read novels of the post-war period, and has been a huge international bestseller over many decades. Continually in print, it has long been controversial, both in its immediate Cold War context and in later history. It is in some ways a realist novel, but in others is more akin to a work of science fiction, a dystopia or a satire. It also has strong affiliations to Gothic in its plotting, motifs and affective states. Full of horror and terror, it contains prophetic dreams and a central character who thinks of himself as a 'monster', a 'ghost' and 'already dead'. Like *Frankenstein* and *Dracula*, it is fascinated by the power of a documentary remnant addressed to an unknown reader.